

GRANGEMOUTH SEAFARERS' CENTRE



Central Dock Road, Grangemouth Docks,
Stirlingshire FK3 8TX

Opening Hours: Access 24 hours.

**Free Wi-Fi • Television • Tea & Coffee
Library • Games • Prayer Room**



PORT OFFICE & SECURITY

Harbour Office	01324 482 591
Port Security Gates	
Powdrake Rd	01324 668 436
Central Dock Rd	01324 668 436

LOCAL PORT HEALTH AUTHORITY

 Port Health (Falkirk Council)	01324 506 070
porthealth@falkirk.gov.uk	

MARITIME AND COASTGUARD AGENCY UK

GlasgowMO@mcga.gov.uk	0141 397 0002
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SEAFARERS' TELEPHONE HELPLINE

SeafarerHelp....the lifeline for seafarers (ISWAN)
www.iswan.org/seafarerhelp +44 (0) 20 7323 2737



PORT INFORMATION LEAFLET

GRANGEMOUTH

Welcomes All Seafarers



SEAFARERS' WELFARE ORGANISATIONS



Stella Maris	
Port Chaplain	07793 489 193
www.stellamaris.org.uk	07704 220 382



The Mission to Seafarers	
Port Chaplain	07581 625 941
www.missiontoseafarers.org	



Fishermen's Mission	
Area Manager	07917 754 528
www.fishermensmission.org.uk	



ITF Inspector	07502 563 470
ITF HQ	meldrum_helen@itf.org.uk
www.itfseafarers.org	seafsupport@itf.org.uk



Nautilus International	020 8989 6677
www.nautilusint.org	



RMT	0800 376 3706
www.rmt.org.uk	

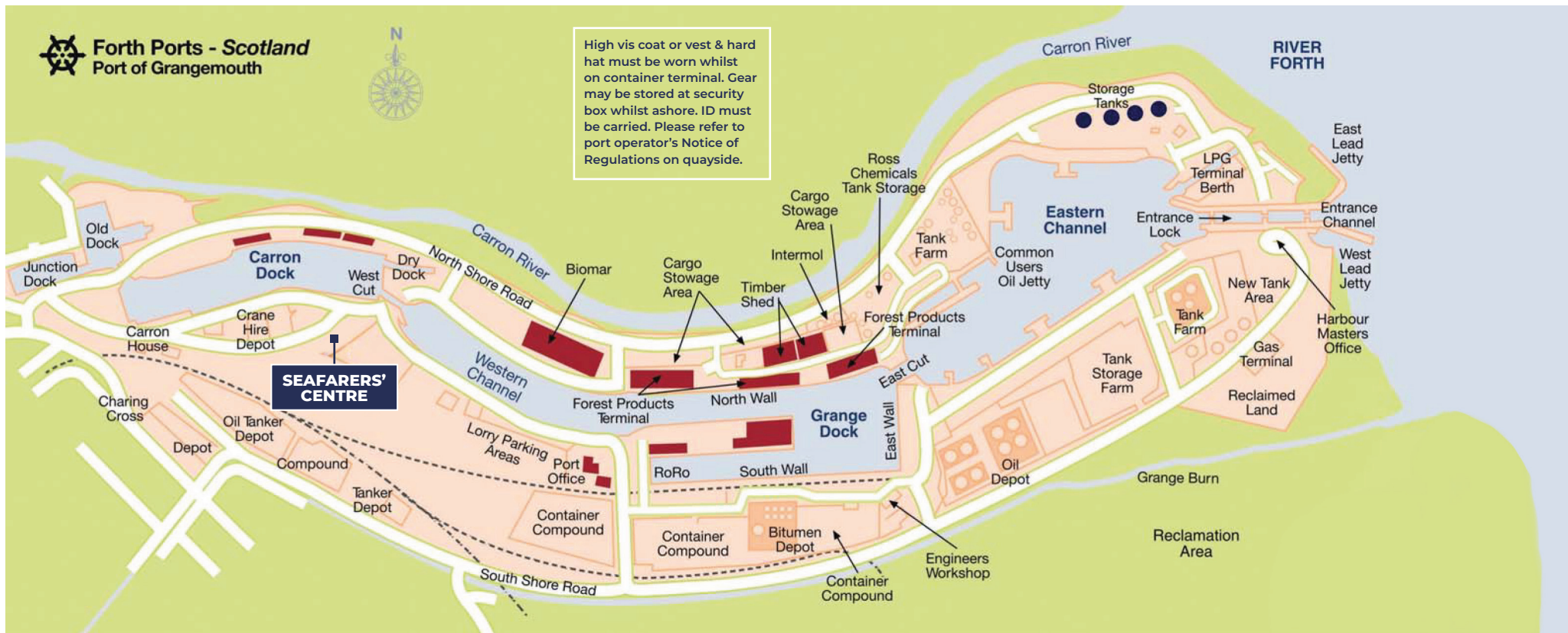


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High vis coat or vest & hard hat must be worn whilst on container terminal. Gear may be stored at security box whilst ashore. ID must be carried. Please refer to port operator's Notice of Regulations on quayside.



PLACES OF WORSHIP

Episcopal: St Mary's Episcopal Church	01324 482 438
Roman Catholic: Sacred Heart, Drummond Place	01324 482 253
Anglican: Abbotsgrange Parish Church	01324 482 978
Islam: Falkirk Islamic Centre	01324 611 018
Burnhead Lane, Falkirk	

PUBLIC LIBRARY

Grangemouth Library, Bo'ness Road	0324 504 690
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POST OFFICE, BANKS & MONEY TRANSFER

Bank of Scotland, 22 La Porte Precinct	0345 721 3141
Post Office, 1 La Porte Precinct (Inc. Western Union)	0131 289 0183

CINEMA

Cineworld, Central Retail Park, Falkirk	www.cineworld.co.uk
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SHOPPING

Asda, Dock Road	01324 492 400
Argos, Central Retail Park, Falkirk	0345 165 7823

CHEMIST / OPTICIANS

Boots the Chemists, La Porte Precinct	01324 482 118
Specsavers, La Porte Precinct	01324 483 019

SPORTS FACILITIES

Grangemouth Sports Complex	01324 504 560
Abbots Road (Swimming & Gym)	

LOCAL ATTRACTIONS

The Falkirk Wheel	0300 373 0868
Grangemouth Heritage Museum	01324 666 603
Zetland Park, Abbotsgrange Road	
The Kelpies, The Helix, Falkirk	01324 590 600

PUBLIC TRANSPORT

Rail: National Rail Enquiries	03457 48 49 50
www.nationalrail.co.uk	
Bus: Traveline	0871 200 2233
www.travelinescotland.com	
Air: Edinburgh Airport	0131 357 6337
www.edinburghairport.com	

TAXIS

Tartan Line Radio Cabs	01324 474 777
Falkirk Taxi Cabs	01324 611 116

LOCAL HOSPITAL

Accident & Emergency	01324 566 000
Forth Valley Hospital	
NHS Helpline	