

# Online Training Courses

## Health and Safety Courses

 Global (best practice) versions available

Abrasive Wheels Safety  
Accident Investigation   
Accident Reporting  
Anaphylaxis & Allergy Training for Schools & Carers  
Asbestos Awareness   
Asthma Training for Schools & Carers  
Banksman Essentials  
Bar Staff Training (Working in Licensed Premises)  
Care Certificate Training  
CDM Regulations  
Child Exploitation Awareness Training  
Compressed Air Safety   
Confined Space Training - Working in Confined Spaces  
CoSHH  
Diabetes Training for Schools & Carers  
Diet, Hydration, and Nutrition  
Display Screen Equipment Training  
Driver Awareness   
DSEAR (Dangerous Substances and Explosive Atmospheres)  
Dust Awareness  
Electrical Safety  
Emergency First Aid at Work Refresher  
Entonox Awareness Training  
Epilepsy Training for Schools & Carers  
Essential Health & Safety   
Eye Protection Training  
Fire Awareness   
Fire Awareness in Care   
Fire Awareness in Construction   
Fire Awareness in Education   
Fire Extinguisher Use  
Fire Warden   
Fire Warden in Care  
Fire Warden in Construction  
Fire Warden in Education  
First Aid Appointed Person  
First Aid at Work Refresher  
First Aid Requirements and RIDDOR  
Food Allergy Awareness   
Food Safety & Hygiene Level 1  
Food Safety & Hygiene Level 2   
Food Safety & Hygiene Level 3  
General Workshop Safety  
HACCP (Level 2)  
HACCP (Level 3)  
Hand Arm Vibration

Handling Aggressive Behaviour  
Health & Safety for Managers and Supervisors  
Health and Safety for Homeworkers  
Infection Prevention & Control  
Keeping Children Safe in Education (KCSIE) 2025 (FREE)  
Keeping Children Safe Online   
Ladder Safety   
Legionella Awareness  
Lift Equipment and Lifting Operations (International)  
Lock Out Tag Out  
LOLER   
Lone Worker Safety  
Manual Handling   
Manual Handling (including Tyres)  
Medication Awareness for Care  
Medication Awareness for Schools  
Moving & Handling People  
Noise Awareness  
Oral Care  
PAT Testing  
Paediatric First Aid Refresher  
Permit to Work Training  
Personal Protective Equipment  
PUWER  
Respiratory Protective Equipment (RPE)  
Risk Assessment   
Safeguarding Adults (Level 2)  
Safeguarding Children (Level 2)   
Safeguarding Children (Level 3)  
School Trips for Management  
School Trips for Organisers & Support  
Sharps Training  
Slips, Trips & Falls   
Spill Kit Training - Body Fluids  
Spill Kit Training - Chemicals and Oils  
Working at Height 



# Online Training Courses

## HR Compliance Courses

Assessing Mental Capacity  
Autism Awareness  
Bullying & Harassment - Employees  
Bullying & Harassment - Managers  
Child Exploitation Awareness  
Complaint Handling  
Complaint Handling in Care  
Conflict Resolution  
Dementia Awareness  
Dementia Awareness for Carers  
Deprivation of Liberty Safeguards  
Disability Awareness & Inclusion  
Domestic Abuse Awareness  
Drug and Alcohol Awareness  
EAP: An Introduction to Counselling  
EAP: Budgeting  
EAP: Dealing with Separation  
EAP: Talking to Your Employer About Personal Challenges  
Effective Remote Working  
Equality, Diversity & Inclusion  
FGM Awareness  
Front of House Training  
Gender Identity & Expression  
HR Compliance & Wellbeing Essentials

Managing Anxiety  
Menopause Awareness  
Mental Health Awareness   
Mental Health Awareness for Carers & Nurses  
Mental Health Awareness for Management  
Mental Health Awareness in Construction  
Mental Health Awareness in Education  
Neurodiversity Awareness  
New and Expectant Mothers at Work  
Onboarding Training  
Prevent Duty  
Resilience  
Returning to Work  
Returning to Work after COVID-19  
Safer Recruitment in Education  
Sexual Harassment Awareness   
Supply Chain Management  
Stress Awareness  
Time Management  
Unconscious Bias for Employees  
Unconscious Bias for Managers  
Understanding Personality Types  
Women in Leadership  
Young People in the Workplace

## Business Compliance Courses

Age Verification  
An Introduction to Employee Background Checks  
An Introduction to ISO Certification  
An Introduction to SSIP Accreditation  
Anti-Bribery Training  
Anti Money-Laundering Training  
Bomb Threats and Suspicious Packages  
Business Compliance Essentials  
Consumer Rights for Retailers - Digital  
Consumer Rights for Retailers - Goods  
Consumer Rights for Retailers - Services  
Corporate Social Responsibility   
Customer Service  
Cyber Security   
Energy Efficiency Awareness  
Environmental Awareness  
EU AI Act (currently text-based)

Fraud Prevention  
Front of House Essentials   
GDPR (UK)  
GDPR Advanced for Management (UK)  
GDPR EU  
GDPR EU Advanced Training for Management  
GDPR in Education (UK)  
Managing Contractors  
Modern Slavery   
Professionalism in the Workplace   
Social Media Awareness  
Supply Chain Management Training  
Waste Management  
Women in Leadership   
Whistleblowing

## Soft skills (not included in short format courses)

Customer Service  
Conflict Resolution

Resilience  
Time Management

# Online Training Courses

## Short Format Courses

### Soft skills

Active Listening  
Anger Management  
An Introduction to Leadership  
Coaching & Mentoring  
Communication Skills  
Confidence Building  
Creative Thinking  
Critical Thinking  
Delivering Bad News  
Effective Decision Making  
Effective Meetings  
Emotional Intelligence  
Giving & Receiving Feedback  
Growth Mindset  
Mindfulness  
Organisational Skills  
Performance Management Essentials   
Positive Thinking  
Presentation Skills  
Problem Solving  
Project Management Essentials  
Recognising Your Value  
Responding to Change  
Setting Goals  
Speaking Confidently  
Teamwork Skills  
Writing Effective Emails

### Audio courses

Anti-Tax Evasion (Criminal Finances Act) (audio-course)  
Competition Law (audio-course)  
Freedom of Information Act

### Text-based courses

An Introduction to Search Engines  
Awaab's Law - Phase 1  
Building Safety Act  
Conducting Appraisals  
Customer Success: Communication and Relationship Management  
Customer Success: Introduction to Customer Success  
Customer Success: Problem Solving and Troubleshooting  
Customer Success: Product Knowledge  
Customer Success: Renewals and Upselling

Customer Success: Understanding the Customer Disciplinary & Grievance  
EAP: Adapting to Life as a New Parent  
EAP: Dealing with Personal Loss and Grief  
EAP: Life as a Working Parent  
EAP: Living with Teenagers  
EAP: Navigating Change: Overcoming Challenges and Embracing Growth  
Effective Recruitment  
Ethical Values & Codes of Conduct  
Hot Work  
Managing a Remote Team  
Managing Change: For Managers  
Marketing: Content Marketing  
Marketing: Brand Values and Value Proposition  
Marketing: Building an Effective Marketing Plan  
Marketing: The Role of Analysis in Marketing  
Marketing: Understanding Marketing  
Marketing: Understanding Marketing Channels  
Microsoft Excel: The Basics  
Microsoft Outlook: The Basics  
Microsoft PowerPoint: The Basics  
Microsoft Word: The Basics  
PCI DSS (Payment Card Industry Data Security Standards)  
Probationary Periods  
Recognising the Value of your Team  
Right to Work Checks  
Sexual Harassment Awareness for Managers   
The Calorie Labelling (Out of Home Sector) (England) Regulations 2021: Government Guidance  
The Fire Safety (England) Regulations 2022 - Updated Guidance  
Using AI in your business: AI and the Law  
Using AI in your business: AI in the Workplace  
Using AI in your business: The Basics of Generative AI  
Using AI in your business: The Risks of AI  
Using AI in your business: What is AI?  
Windows 11: The Basics

### Other

CPR & AED Refresher  
Suicide Awareness (FREE)

\* EAP = "Employee Assistance Programmes"

All of our online training courses include full support and free access to our Learning Management System (LMS) where administrators/managers can view training activity, download reports, print certificates and more.

#### Not sure what your requirements are?

Give us a call on 01344 867 088 or email [hello@ihasco.co.uk](mailto:hello@ihasco.co.uk) to discuss your training needs.