

FALMOUTH SEAFARERS' CENTRE

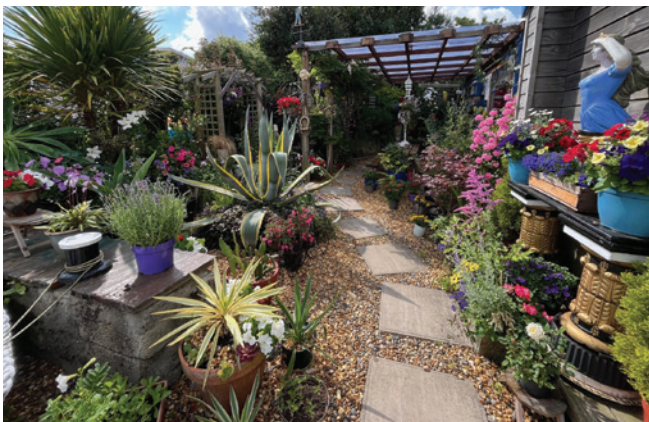


Flying Angel Centre, The Docks, Falmouth, Cornwall TR11 4NR

The Falmouth Seafarers' Centre is run and managed by volunteers from The Mission to Seafarers. As well as being a drop-in centre, it is also a Seafarers' Wellbeing Centre where free advice and support is available.

**Opening Hours: Mon-Fri 19:30 to 22:00
(Weekends as required)**

**Chapel • Free Superfast WiFi • Free Teas, Coffees & Soft Drinks
Currency Exchange • Free Woolly Hats • Plenty of indoor and outdoor seating • Comfortable Lounge with TV • Toilets
Large garden to enjoy / Summerhouse with Superfast WiFi and TV (24-hour access)**



PORT TRANSPORT

There is no port transport as the town centre is only a short walk away.



PORT OFFICE & SECURITY

Falmouth Docks Police (24hr service) 01326 212 100

LOCAL PORT HEALTH AUTHORITY



Cornwall Port Health Authority 01872 323 090
porthealth@cornwall.gov.uk

MARITIME AND COASTGUARD AGENCY UK

PlymouthMO@mcga.gov.uk 01752 419 000

SEAFARERS' TELEPHONE HELPLINE

SeafarerHelp...the lifeline for seafarers (ISWAN)
www.iswan.org/seafarerhelp +44 (0) 20 7323 2737

Welcome to Falmouth

You are in the county of Cornwall - a distinct and historically unique peninsula at the southwestern tip of England. There is plenty to see and do around Falmouth - with historic castles, gardens and stunning beaches, as well as The National Maritime Museum Cornwall which is a short walk from the port. We hope you enjoy your time in Falmouth!



Produced by the Merchant Navy Welfare Board, registered as a charity No.212799 in England & Wales and No.SC039669 in Scotland. Photos courtesy of A&P / Map courtesy of Falmouth BID. Please pass any amendments directly to MNWB on 02380 337799 or visit: www.mnwb.org

Issue Date 06/26

PORT INFORMATION LEAFLET

FALMOUTH

Welcomes All Seafarers



SEAFARERS' WELFARE ORGANISATIONS



The Mission to Seafarers
Admin, Enquiries & Emergencies 07810 825 297
www.missiontoseafarers.org



Stella Maris
Area contact 07738 761 157
www.stellamaris.org.uk



Fishermen's Mission
Area Manager 07884 188 616
www.fishermensmission.org.uk



ITF Inspector 07350 359 690
cheason_elinor@itf.org.uk
seafsupport@itf.org.uk
www.itfseafarers.org



Nautilus International 020 8989 6677
www.nautilusint.org



RMT 0800 376 3706
www.rmt.org.uk



Scan here to download a digital copy of this leaflet





MAP KEY

- 1 - Spar shop / Post office (1 min walk)
- 2 - Tesco Express (9 min walk)
- 3 - Trago Mills (Department Store) (11 min walk)
- 4 - King Charles the Martyr Church (15 min walk)
- 5 - Boots pharmacy (18 min walk)
- 6 - Superdrug pharmacy (19 min walk)
- 7 - St Mary's RC Church (26 min walk)
- 8 - Castle Beach (7 min walk)
- 9 - Gyllyngvase beach (18 min walk)
- 10 - Pendennis Castle (15 min walk)

LEISURE & CULTURAL HIGHLIGHTS

- | | | | | |
|------------|-----------------|---------------------|------------------|----------------|
| VIEW POINT | WALKS | WATERSPORTS | LEISURE FACILITY | GARDEN |
| PLAYGROUND | PIER OR SLIPWAY | HERITAGE | ART GALLERY | MUSEUM |
| EVENT AREA | BOWLING | BEACH | CINEMA | FERRY |
| TOILETS | LIBRARY | TOURIST INFORMATION | CHURCH | |
| PARKING | BUS | TAXI | TRAIN | ONE WAY SYSTEM |

PUBLIC TRANSPORT

Rail: National Rail Enquiries 03457 48 49 50
www.nationalrail.co.uk

Bus: Traveline 0871 200 2233
www.travelinesw.com

Coach: National Express 0871 781 8181
www.nationalexpress.com

Air: Newquay Airport 01637 860 600
www.cornwallairportnewquay.com

TAXIS

Abacus Taxis 01326 212 141
 A2B Taxis 01326 317 898

LOCAL HOSPITAL

A&E: Royal Cornwall Hospital 01872 250 000 (Truro)

Minor Injuries: Falmouth Hospital, 01326 430 000
 Trescobeas Road (Open 08:00 - 20:00 everyday)

Helpline: NHS Direct

PLACES OF WORSHIP

CofE: King Charles the Martyr, Church St 01326 319 141

Methodist: Falmouth Methodist Church 01326 211 549
 King Charles Theatre, New Street

RC: St Marys, Killigrew Street 01326 312 763

Muslim: Cornwall Islamic Community Centre 07455 272 866
 Carnon Downs, Truro

* For details of places of worship for other denominations and faiths, please ask one of the ship welfare organisations or at the Seafarers' Centre.

TOURIST INFORMATION CENTRE

Falmouth Tourist Information Centre 01326 741 194
 Prince of Wales Pier www.falriver.co.uk

PUBLIC LIBRARY

Falmouth Library, The Moor 0300 123 4111

ENTERTAINMENT & LOCAL ATTRACTIONS

Phoenix Cinema, Berkeley Vale 01326 313 072

Pendennis Castle, Castle Drive 01326 316 594

National Maritime Museum, Discovery Quay 01326 313 388

SHOPPING CENTRE (see map above)

Boots the Chemist, Market Street 01326 312 373

Specsavers Opticians, Market Street 01326 212 733

Tesco Express, Discovery Quay 0333 345 1709

Trago Mills (Department Store) 01326 315 738

Arwenack Street

POST OFFICE, BANKS & MONEY TRANSFER

Post Office, Bar Road 01326 314 480
 (just outside Port Gates) Market Street

*Bank Hub (covering all major banks) located at:
 Falmouth Town Council Offices, The Moor, Falmouth