#### SHIP WELFARE VISITING



The Stella Maris Seafarers' Centre team are actively involved in Ship Welfare Visiting.

# **TELEPHONE CARDS**

Lebara Mobile Sim Cards and IVitta Top Up Cards are available for purchase at the Stella Maris Seafarers' Centre and from Ship Welfare Visitors representing the centre. Seafarers are strongly advised to purchase telephone cards only from official Stella Maris Seafarers' Centre representatives.

### **SEAFARERS USING CENTRE FACILITIES**



## **SEAFARERS' TELEPHONE HELPLINES**

SeafarerHelp.....the lifeline for seafarers www.seafarerhelp.org (all seafarers)

00800 7323 2737

Seafarer Support Referral Helpline

www.seafarersupport.org (UK seafarers only)

0800 121 4765







Produced by the Merchant Navy Welfare Board, Sunderland Stella Maris Seafarers' Centre and the seafarers' welfare charities. Maps/Photos courtesy of Stella Maris Seafarers' Centre, Sunderland City Council, Port of Sunderland and Odin Shipping. Please pass any amendments directly to MNWB on 02380 337799 or visit: www.mnwb.org

# **PORT WELFARE INFORMATION LEAFLET**

# SUNDERLAND **WELCOMES ALL**



# **SUNDERLAND SEAFARERS' CENTRE**

Stella Maris Seafarers' Centre, Hudson Dock (Westside), Port of Sunderland, SR1 2EE stellamarissunderland@gmail.com

#### SHIP WELFARE VISITING ORGANISATIONS

Seafaren and	Apostleship of the Sea	07876 050 530
	The Mission to Seafarers Port Chaplain	01914 560 878 07553 453 190
THE FISHERMEN'S MISSION	Fishermen's Mission	07917 754 259
NAUTILUS INTERNATIONAL	Nautilus International	020 8989 6677
	RMT	020 7387 4771



Local Office

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Co-ordinators Office 0035 3876 478 636 ITF HQ 020 7403 2733

0191 456 1308

Port Chaplains based at the Sunderland Seafarers' Centre

# **SUNDERLAND SEAFARERS' CENTRE**



Open on request by calling 07876 050 530 Chapel • Free Internet • Tea & Coffee **Toiletries & Socks** 

#### SEAFARERS' INTERNET



The Stella Maris Seafarers' Centre has free wi-fi internet available to seafarers

#### PORT TRANSPORT

Transport for seafarers can be arranged by the Seafarers' Centre.

# **PORT OFFICE & SECURITY**

Port Control (24 hours)	0191 514 2752
Port Security	0191 553 2133

#### LOCAL PORT HEALTH AUTHORITY

Sunderland City Council 0191 561 1968 0191 561 1979

# **MARITIME AND COASTGUARD AGENCY UK**



MLC 2006 Co-ordination Group mlc@mcga.gov.uk

PLACES OF WORSHIP	
St Mary's RC, Bridge Street	0191 567 5354
St Ignatius Anglican, Bramwell Road	0191 567 557
POST OFFICE, BANKS & MONEY	TRANSFER
Post Office, Fawcett Street	0345 611 2970
Lloyds Bank, Fawcett Street	0191 300 0000
Eurochange,	
The Bridges Shopping Centre	0191 514 3803
SHOPPING	
The Bridges Shopping Centre	0191 510 858
Boots Chemist, The Bridges	0191 567 0933
Tesco, The Bridges	0191 541 271
Wilkinsons (General Store),	
Fawcett Street	0191 565 2774
Tesco Extra Supermarket,	
Wearmouth Street	0345 610 2892
Sainsburys Supermarket, Silkworth Lane	0191 511 036
Aldi Supermarket, St Mark's Road	0844 406 8800
Lidl Supermarket, Durham Road	0870 444 1234
LOCAL HOSPITAL	
Sunderland General. Kayll Road	0191 565 6256
Sunderland Eye Infirmary,	
Queen Alexandra Road	0191 565 6256
NHS Direct	11.
EMERGENCIES	
Police, Fire Service, Ambulance, Coastgu	ard 999 or 11
SPORTS FACILITIES	
Raich Carter Centre, Commercial Road	03330 050 15
Aquatic Centre, Swimming Centre,	
Stadium Park	03330 050 15
PUBLIC TRANSPORT	
Sunderland Train Station,	
Athenaeum Street	0845 000 012
Metro Trains	0191 203 319
National Express Coaches	0871 781 817
Newcastle International Airport	0871 882 112
TAXIS	
Station Taxis 0191 555 5555	/ 0191 565 656

































