

## YOUR SOUTHAMPTON CHAPLAINS



## PORT TRANSPORT

Transport is available on request in advance  
- please telephone +44 (0)7342 286 672



## PORT OFFICE & SECURITY

Southampton VTS (24hr service) 023 8060 8208

## PORT HEALTH AUTHORITY

Southampton Port Health Services 023 8022 6631  
port.health@southampton.gov.uk

## MARITIME & COASTGUARD AGENCY

SouthamptonMO@mcga.gov.uk 020 3817 2210

## CONTAINER TERMINAL DROP-IN CENTRE



**Opening Hours: 24 hour drop-in access via coded keypad (code is displayed in window)**  
Telephones • Internet (£1/hr) • Free Wi-Fi  
Free Tea/Coffee • TV Lounge • Library

## SIM CARDS

SIM cards are available to purchase from Ship Welfare Visitors. Seafarers are strongly advised NOT to purchase these items from street vendors as there is no guarantee they will work.

## SEAFARERS' TELEPHONE HELPLINES

SeafarerHelp....the lifeline for seafarers (ISWAN)  
www.seafarerhelp.org (all seafarers) +44 (0)20 7323 2737

Seafarer Support Referral Helpline 0800 121 4765  
(UK seafarers only) www.seafarersupport.org



Produced by the Merchant Navy Welfare Board, registered as a charity  
No.212799 in England & Wales, and No.SC039669 in Scotland. Maps courtesy  
of ABP and Walking Distance. Please pass any amendments directly to MNWB  
on 02380 337799 or visit: [www.mnwb.org](http://www.mnwb.org)

Issue Date 05/22

## SEAFARERS' PORT INFORMATION LEAFLET

# SOUTHAMPTON WELCOMES ALL SEAFARERS



## SHIP WELFARE VISITING ORGANISATIONS



The Mission to Seafarers  
Port Chaplain +44 (0)7774 328 595  
[www.missiontoseafarers.org](http://www.missiontoseafarers.org)



Stella Maris  
Port Chaplain +44 (0)7843 739 579  
+44 (0)7963 345 618  
[www.stellamaris.org.uk](http://www.stellamaris.org.uk)



Sailors' Society  
Port Chaplain [www.sailors-society.org](http://www.sailors-society.org)  
+44 (0)7817 767 759



Seamen's Christian Friend Society  
[www.scfs.org](http://www.scfs.org) 07975 866 428



Fishermen's Mission 07827 965 243  
[www.fishermensmission.org.uk](http://www.fishermensmission.org.uk)



ITF seafsupport@itf.org.uk  
+44 (0) 7590 880 285  
[www.itfseafarers.org](http://www.itfseafarers.org) (messages only)



Nautilus International 020 8989 6677  
[www.nautilusint.org](http://www.nautilusint.org)



RMT 020 7387 4771  
[www.rmt.org.uk](http://www.rmt.org.uk)



## TOURIST INFORMATION

[www.visitsouthampton.co.uk](http://www.visitsouthampton.co.uk)

## POST OFFICE, BANKS & MONEY TRANSFER

The Post Office, money transfer facilities and all major banks can be found along the High Street and Above Bar Street

## SHOPPING CENTRE (see map)

Southampton City Centre is home to all the major retail chains. The majority of these can be found in the West Quay Mall, Marlands Shopping Centre and along Above Bar Street.

Argos, West Quay Retail Park	0345 165 7182
Asda, Portland Terrace	023 8022 9997
Boots the Chemist, Above Bar Street	023 8033 3983
Ikea, West Quay Road	020 3645 0000
Specsavers Optician, Above Bar Street	023 8063 6105

## ENTERTAINMENT - VENUES/ATTRACTIONS

Hollywood Bowl (West Quay)	0844 248 2041
City Art Gallery, Havelock Road	023 8083 3007
Mayflower Theatre, Commercial Road	023 8071 1811
Showcase Cinema de Lux, West Quay	023 8020 5555
Sea City Museum, Havelock Road	023 8083 4536
Southampton Football Club, Britannia Road	0845 688 9448

## PLACES OF WORSHIP

For details of places of worship for various faiths and denominations, please speak to a Ship Welfare Visitor.

## LIBRARY

Southampton Central Library, Civic Centre 023 8083 3007

## SPORTS FACILITIES

The Quays Swimming & Diving Complex 023 8072 0900  
Harbour Parade

## PUBLIC TRANSPORT

**Rail:** Enquiry Line 0345 748 4950  
[www.nationalrail.co.uk](http://www.nationalrail.co.uk)

**Bus:** Traveline 0871 200 2233  
[www.travelinesw.com](http://www.travelinesw.com)

**Coach:** National Express 0871 781 8181  
[www.nationalexpress.com](http://www.nationalexpress.com)

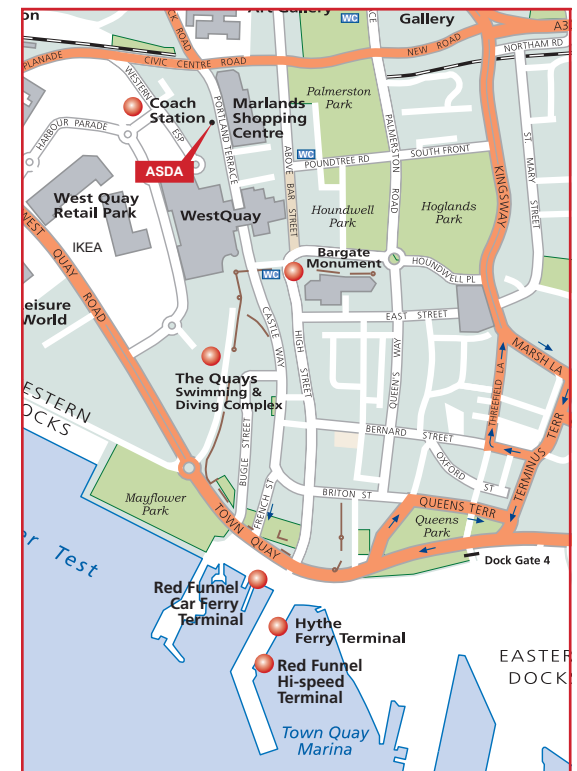
**Air:** Southampton International Airport 0844 481 7777  
[www.southamptonairport.com](http://www.southamptonairport.com)

## LOCAL HOSPITAL

**Accident & Emergency Dept:**  
Southampton General Hospital 023 8077 7222

**Minor Injuries Unit:**  
Royal South Hants Hospital 0333 200 1820

**NHS helpline:** 111



## TAXIS

Radio Taxis	023 8066 6666
Streamline Taxis	023 8022 3355

