



### SIM CARDS & TOP-UP CARDS

SIM cards & Top-up cards are available for purchase at the Newport Seafarers' Centre and from Ship Welfare Visitors representing the centre. Seafarers are strongly advised to purchase SIM cards & Top-up cards only from official Newport Seafarers' Centre representatives.

### PUBLIC TRANSPORT

- Train:** National Rail Enquires [www.nationalrail.co.uk](http://www.nationalrail.co.uk)  
03457 48 49 50
- Bus:** Local Bus Information [www.traveline.cymru](http://www.traveline.cymru)  
(Newport Bus) 01633 670 563
- Traveline** - Public Transport Advice [www.traveline.cymru](http://www.traveline.cymru)  
(UK Customer Services) 0800 464 0000
- Air:** Cardiff International Airport [www.cardiff-airport.co.uk](http://www.cardiff-airport.co.uk)  
(General Enquiries) 01446 711 111
- Taxis:** Chow Taxis 01633 211 011  
Dragon Taxis 01633 216 216

### SEAFARERS' TELEPHONE SUPPORT

- SeafarerHelp.....the lifeline for seafarers (ISWAN)  
[www.seafarerhelp.org](http://www.seafarerhelp.org) (All seafarers) +44 20 7323 2737
- Seafarer Support Referral Helpline  
[www.seafarersupport.org](http://www.seafarersupport.org) (UK seafarers only) 0800 121 4765



Produced by the Merchant Navy Welfare Board, registered as a charity No.212799 in England & Wales and No.SC039669 in Scotland, Newport Seafarers' Centre and the seafarers' welfare charities. Maps/Photos courtesy of ABP and the local seafarers' welfare charities. Please pass any amendments **directly** to MNWB on 02380 337799 or visit: [www.mnwb.org](http://www.mnwb.org)

## PORT INFORMATION LEAFLET

# NEWPORT WELCOMES ALL SEAFARERS



## NEWPORT SEAFARERS' CENTRE

**Flying Angel Club, Mission to Seafarers,  
Alexander Dock, Uskway, Newport, NP20 2NP  
Tel: 01633 265 683**

### SHIP WELFARE VISITING ORGANISATIONS

-  The Mission to Seafarers 07557 512 568  
Port Chaplain [www.missiontoseafarers.org](http://www.missiontoseafarers.org)
-  Stella Maris (AoS) 07595 453 063  
Port Chaplain [www.apostleshiofthesea.org](http://www.apostleshiofthesea.org)
-  Sailors' Society 07795 314 646  
Port Chaplain [www.sailors-society.org](http://www.sailors-society.org)
-  Fishermen's Mission 07827 965 241  
[swales@fishermensmission.org.uk](mailto:swales@fishermensmission.org.uk)
-  Nautilus International 020 8989 6677  
[www.nautilusint.org](http://www.nautilusint.org)
-  RMT 020 7387 4771  
[www.rmt.org.uk](http://www.rmt.org.uk)
-  ITF Inspector 07764 182 768  
[molloy\\_tommy@itf.org.uk](mailto:molloy_tommy@itf.org.uk)
- ITF HQ +44 20 7403 2733  
[www.itfglobal.org](http://www.itfglobal.org)

## NEWPORT SEAFARERS' CENTRE



**Opening Hours: 18:30 to 22:30**  
Chapel • Library • Bar • Tea & Coffee • Shop  
Games Area • Pool • Table Tennis etc • Free Wi-Fi



Newport has its own Chapel inside the seafarers' centre. (see above)

### PORT TRANSPORT

Free transport to the centre may be available by prior arrangement. Please contact the centre between 18:30 and 22:30 hrs. 01633 265 683

### PORT OFFICE & SECURITY

Newport Docks, Gatehouse (24hr service) 01633 204 420  
Severn VTS 0845 601 8870

### LOCAL PORT HEALTH AUTHORITY

 Covered by Newport City Council 01633 656 656  
Port Health [port.health@newport.gov.uk](mailto:port.health@newport.gov.uk)

### MARITIME AND COASTGUARD AGENCY UK

[infoline@mcga.gov.uk](mailto:infoline@mcga.gov.uk)  
In case of an emergency ring 999 and ask for the Coastguard

## PLACES OF WORSHIP

<b>Anglican:</b> St Stephen's & Holy Trinity, Adeline Street	01633 265 192
<b>Catholic:</b> St Michael's, Clarence Street	01633 265 533
<b>Muslim:</b> Newport Central Mosque, 181 Commercial Road	01633 662 096

For details of places of worship for other faiths or denominations, please speak to the Port Chaplains or Ship Welfare Visitors.

## TOURIST INFORMATION CENTRE

Tourist Information Centre	01633 233 663
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## LIBRARY

Newport Central Library John Frost Square, Newport	01633 656 656
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## POST OFFICE/MONEY TRANSFER

Post Office: 32 Commercial Road	01633 264 389
Eurochange Money Transfer, Kingsway Centre	01633 256 367

## BANKS

Santander, 20 Commercial Street	0800 03 4321
HSBC, 1 Bridge Street	0345 740 4404
Lloyds, 42 Commercial Street	0345 300 0000

## SHOPS

Various high street retail outlets located throughout town centre, inc:	
ASDA: Lower Dock Street	01633 844 200
ARGOS: Mendalgief Retail Park, Docksway	0345 165 7800

## CHEMISTS / OPTICIANS

Boots, 155 Commercial Street	01633 251 212
Specsavers, Unit 2 Austin Friars	01633 244 023

## ENTERTAINMENT - VENUES/ATTRACTIONS

Cineworld, Friars Walk	0871 200 2000
Museum & Art Gallery, John Frost Square	01633 656 656
Dolman Theatre, Emlyn Street	01633 263 670
Riverfront Theatre	01633 656 757

## SPORTS FACILITIES

Pillgwenlly Millenium Centre	01633 660 262
Newport Leisure Centre (Swimming)	01633 656 757
Bannatyne Health Club	01633 266 688

## LOCAL HOSPITAL

Royal Gwent Hospital, Newport A&E	01633 234 056
Minor Injuries Unit	01633 238 642
NHS Direct Wales	0845 606 46 47

