#### **PORT AREA MAP**



Directions from Lighterage Quay to Lemon Quay in Centre of Truro:

- Pass through the green gates at the North of the Quay next to the flood defence gate control room.
- Walk towards the road and turn right toward Truro centre and the Cathedral spires. Walk carefully towards Tesco supermarket. The road is very busy and pedestrians should be careful, large goods vehicles and mobile cranes use this road. Stay on the right until you find the pavement about 200m from the quay.
- Tesco is the nearest supermarket however walking through the first car park a fenced waterfront walkway can be found to the right of the Tesco store. Follow the water side walkway to the subway beneath the main road. The subway allows access to a large open area Lemon Quay near the centre of Truro. Refer to the map for other points of interest.

### **SEAFARERS' TELEPHONE HELPLINES**

SeafarerHelp.....the lifeline for seafarers (ISWAN)

www.seafarerhelp.org (All seafarers) +44 20 7323 2737

Seafarer Support Referral Helpline

www.seafarersupport.org (UK seafarers only) 0800 121 4765



Issue Date 01/20





Produced by the Merchant Navy Welfare Board, registered as a charity No. 212799 in England & Wales and No.SC039669 in Scotland. Maps courtesy of Visit Truro and Ordnance Survey. Please pass any amendments **directly** to MNWB on 02380 337799 or visit: www.mnwb.org

# SEAFARERS' PORT INFORMATION LEAFLET

# TRURO WELCOMES ALL SEAFARERS



# SHIP WELFARE VISITING ORGANISATIONS



Apostleship of the Sea

Port Chaplain 07738 761 157



The Mission to Seafarers 07810 825 297
Port Chaplain www.missiontoseafarers.org



Seamen's Christian

Friend Society 01326 312 399



Fishermen's Mission 01736 363 499

07816 368 886



Nautilus International 020 8989 6677

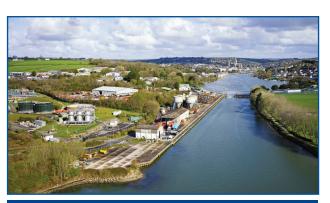


ITF Inspector www.itfseafarers.org

cheason\_elinor@itf.org.uk 07350 359 690



ITF HQ 0207 403 2733



# **PLACES OF WORSHIP**

Anglican: Truro Cathedral, St George's Road

www.trurocathedral.org.uk 01872 276 782

**Catholic:** Our Lady of the Portal & Piran, St Austell Street www.trurocatholicchurch.org.uk 01872 272291

Muslim: Cornwall Islamic

Community Centre 07855 789 658

www.cornwallasian-islamiccommunitycentre.co.uk

\*For places of worship for other denominations and faiths please ask the Port Chaplains or Ship Welfare Visitors.



# **PORT OFFICE & SECURITY**

 Harbour Office
 01872 224 231

 Police
 101

# **LOCAL PORT HEALTH AUTHORITY**



Cornwall Port Health Authority

01872 323 090

# **MARITIME AND COASTGUARD AGENCY UK**

PlymouthMO@mcga.gov.uk 01752 419 000

#### **TOURIST INFORMATION CENTRE** Municipal Buildings, Boscawen Street 01872 274 555 LIBRARY / INTERNET FACILITIES Community Library, Union Place 0300 123 4111 POST OFFICE, BANKS & MONEY TRANSFER Post Office, Pydar Street 0845 722 3344 (inc. MoneyGram money transfer) \*All major banks have branches located in the town centre **SHOPPING CENTRE** 0345 165 7123 Argos, Victoria Square Tesco Superstore, Garras Wharf 0345 677 9684 \*Various other major retail chains have branches in the town centre. **ENTERTAINMENT - VENUES / ATTRACTIONS** Plaza Cinema, Lemon Street 0871 200 3304 01872 222 333 Truro Bowl. Oak Wav Royal Cornwall Museum, River Street 01872 272 205 Truro Cathedral 01872 276 782 Victoria Gardens Park, St George's Road **SPORTS FACILITIES** Truro Leisure Centre, College Road 01872 261 628 Sir Ben Ainslie Sports Centre, Trennick Lane 01872 246 050 **PUBLIC TRANSPORT** Train: National Rail Enquiries 0345 748 4950 www.nationalrail.co.uk 0871 200 2233 **Bus:** Traveline www.travelinesw.com 0871 781 8181 Coach: National Express www.nationalexpress.com 01637 860 600 Air: Cornwall Airport (Newguay) www.cornwallairportnewquay.com 01392 367 433 Exeter Airport www.exeter-airport.co.uk **TAXIS** 01872 263 635 121 Truro City Taxis Ansum Cabs 01872 277 000

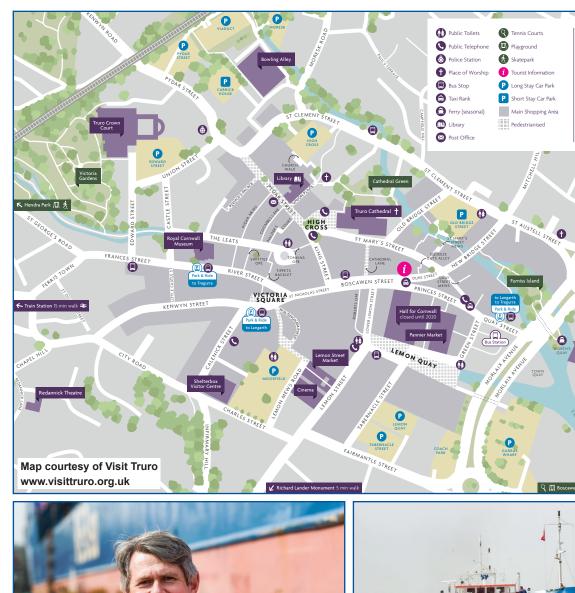
**LOCAL HOSPITAL** A&E and Minor Injuries Unit

**NHS Direct** 

Royal Cornwall Hospital, Treliske, Truro

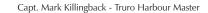
01872 250 000

111













**OUR GREAT** 

LITTLE CITY























