

SEAFARERS' CENTRE FACILITIES



Manned opening hours 13:30 - 21:30

(The lounge, toilets & outdoor recreation area are all accessible 24 hours a day. Access using code C6840Y)

Sim cards & Top-ups • Wi-Fi • TV Lounges • Chapel • Shop Bar • Light Refreshments • Books • Clothing • Pool table
Outdoor Recreational Area inc. basketball court, 5-a-side football pitch, table tennis and putting green.



PORT TRANSPORT

Free minibus pick-ups to the Seafarers Centre from 13:30 daily +44 (0) 1375 840 454

PORT OFFICE & SECURITY

Port Office (Duty Harbour Master) 01375 852 456
Port of Tilbury Police 01375 846 781

LOCAL PORT HEALTH AUTHORITY

London Port Health 0207 332 1101
porthealth@cityoflondon.gov.uk

MARITIME AND COASTGUARD AGENCY UK

ColchesterMO@mcga.gov.uk 01206 379 000



SEAFARERS' TELEPHONE HELPLINE

SeafarerHelp...the lifeline for seafarers (ISWAN)
www.seafarerhelp.org (all seafarers) +44 (0)20 7323 2737



FORTH PORTS



Produced by the Merchant Navy Welfare Board, London Tilbury Seafarers' Centre and the seafarers' welfare charities. The MNWB is registered as a charity No.212799 in England & Wales and No.SC039669 in Scotland. Map courtesy of Forth Ports. Please pass any amendments directly to MNWB on 02380 337799 or visit: www.mnwb.org

Issue Date 05/23

PORT INFORMATION LEAFLET

LONDON TILBURY

Welcomes All Seafarers



LONDON TILBURY SEAFARERS' CENTRE

Tenants Row, Tilbury Freeport, RM18 7EH

Tel: +44 (0) 1375 840 454

Manned Opening Hours 13:30 - 21:30

Email: londontilbury@qvsvr.org.uk

Facebook: Search "QVSR London Tilbury"

SEAFARERS' WELFARE ORGANISATIONS



Stella Maris
www.stellamaris.org.uk

07963 199 924



QVSR / The Mission to Seafarers
Port Chaplain
www.qvsvr.org.uk
www.missiontoseafarers.org

07801 978 101



ITF Inspector
www.itfseafarers.org

07706 312 270
tony_patten@itf.org.uk



Nautilus International
www.nautilusint.org

0208 989 6677



RMT
www.rmt.org.uk

0800 376 3706

* Port Chaplains based at the London Tilbury Seafarers' Centre



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digital copy of
this leaflet



PLACES OF WORSHIP

Anglican: St John's Church, Dock Road 01375 842 417

Catholic: Our Lady Star of the Sea, Dock Road
www.tilburycatholicchurch.org.uk 01375 842 309

*For details of places of worship covering other denominations and faiths please ask one of the Port Chaplains or staff at the seafarers' centre.

BANKS / POST OFFICE / MONEY TRANSFER

Banks: All major banks have branches at Lakeside Shopping Centre which is 10mins away by train (Chafford Hundred station). The nearest cash machine to the port is located in the nearby Asda superstore (see map).

Post Office (inc. Money Gram),
Civic Square 0345 722 3344

Western Union: Various outlets in Tilbury town centre inc.
Eatwell Store, Civic Square
www.westernunion.com 0800 833 833

SHOPPING

Asda, Thurrock Park Way (see map) 01375 855 454
(turn left out of the dock gates)

*Tilbury town centre can be found not far from the Docks' Main Gate (see map) and has some small shops. Lakeside Shopping Centre has all the major high street retailers - as well as banks and money transfer facilities - and is 10mins away by train (see Public Transport section).

ENTERTAINMENT / LOCAL ATTRACTIONS

Vue Cinema, Lakeside Shopping Centre 0345 308 4620

Tilbury Fort, English Heritage 0370 333 1181

Blackshots Leisure Centre, Grays
(Swimming pool & Gym) 01375 375 533

Lakeside Karting, West Thurrock 01708 863 070

CHEMIST / OPTICIAN

Asda Pharmacy Thurrock Park Way, Tilbury 01375 855 454

Boots the Chemist St Chad's Road, Tilbury 01375 843 012

Specsavers, Lakeside Shopping Centre 01708 689 865

PUBLIC TRANSPORT

Train: National Rail Enquiries
www.nationalrail.co.uk 0345 748 4950

Note: Tilbury train station is a 5 min walk from the seafarers' centre. Trains run regularly to Chafford Hundred (for Lakeside Shopping Centre) and Fenchurch Street (for central London). Day travel cards are available for journeys into central London which include tube and bus travel. (Turn right when through the dock gates).

Bus: Traveline - local bus information
www.traveline.info 0871 200 2233

Coach: National Express
www.nationalexpress.com 0871 781 8181

Air: Heathrow Airport
www.heathrowairport.com 0844 335 1801

TAXIS

Z-Cars 01375 383 236

LOCAL HOSPITAL

A&E: Basildon University Hospital 01268 524 900

Minor Injuries Unit: Orsett Hospital, Rowley Road,
Grays (open 10am to 7.30pm) 0300 300 1527

NHS Helpline

111

