

BANKS / MONEY TRANSFER

Post Office Quadrant Shopping Centre	0345 722 3344
Eurochange Quadrant Shopping Centre	01792 946 129
All major banks have branches located in the city centre.	

PUBLIC TRANSPORT

Train: National Rail Enquiries www.nationalrail.co.uk	03457 484950
Bus: Traveline Wales www.traveline.cymru	0800 464 0000
Coach: National Express www.nationalexpress.com	08717 818 181
Air: Cardiff airport www.cardiff-airport.com	01446 711 111
Taxi: Data Cabs	01792 474 747
Taxi: SA1 Cab	01792 209 925

CHEMISTS / OPTICIANS

Chemist: Boots, Quadrant Shopping Centre	01792 643 461
Opticians: Specsavers, 394 The Kingsway	01792 474 426

LOCAL HOSPITALS

A&E: Morriston Hospital	01792 702 222
Minor Injuries Unit: Singleton Hospital, Sketty Lane	01792 205 666
NHS Helpline	111

PORT OFFICE & SECURITY

Main Gate Security	01792 463 443
Associated British Ports South Wales	0870 609 6699

LOCAL PORT HEALTH AUTHORITY



Swansea Bay Port Health Authority
swansea-bay@cieh.org.uk

MARITIME AND COASTGUARD AGENCY UK

CardiffMO@mcga.gov.uk 02920 448 848

PLACES OF WORSHIP

Catholic: St David's Priory, St David's Place, SA1 3NG	01792 653 343
Anglican: St Mary's Church, St Mary's Square, SA1 3LP	01792 655 489
Evangelical: Waterfront Community Church, Langdon Road, SA1 8QY	01792 644 993
Islamic: Swansea Mosque, 14-15 St Helen's Road, SA1 4AW	01792 654 532

Various other places of worship covering different faiths and denominations are located throughout the city. Please ask the local Port Chaplains or Ship Welfare Visitors for details.



SEAFARERS' TELEPHONE HELPLINES

SeafarerHelp...the lifeline for seafarers (ISWAN)
www.seafarerhelp.org (all seafarers) +44 (0)20 7323 2737

Seafarer Support Referral Helpline 0800 121 4765
www.seafarersupport.org (UK seafarers only)



Produced by the Merchant Navy Welfare Board, registered as a charity No.212799 in England & Wales and No.SC039669 in Scotland; and the seafarers' welfare charities. Maps/Photos courtesy of ABP and the local seafarers' welfare charities. Please pass any amendments directly to MNWB on 02380 337799 or visit: www.mnwb.org

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SEAFARERS' PORT INFORMATION LEAFLET

SWANSEA BAY WELCOMES ALL SEAFARERS



SHIP WELFARE VISITING ORGANISATIONS



The Mission to Seafarers 07557 512 568
Port Chaplain mark.lawson-jones@mtsmail.org
www.missiontoseafarers.org



Stella Maris 07595 453 063
Port Chaplain peter.morgan@stellamarismail.org
www.stellamaris.org.uk



Fishermen's Mission 07827 965 241
wales@fishermensmission.org.uk
www.fishermensmission.org.uk



ITF Inspector cheason_elinor@itf.org.uk 07350 359 690
ITF HQ www.itfseafarers.org seafsupport@itf.org.uk



Nautilus International 020 8989 6677
www.nautilusint.org



RMT 020 7387 4771
www.rmt.org.uk

LIBRARY

Swansea Central Library (Not open on Mondays)
Civic Centre, Oystermouth Road,
Swansea, SA1 3SN 01792 636 464

SHOPPING FACILITIES

The Quadrant Shopping Centre, SA1 3QW
(contains a wide variety of shops) 01792 460 312

Sainburys Supermarket, Quay Parade, SA1 8JA
Open: 7am - 10pm 01792 653 985
(includes Argos) 0345 013 6582

Tesco Supermarket, Oystermouth Road, SA1 3RA
Open: 24hours 0345 677 9662

SPORTS FACILITIES

Leisure Centre, (Gym / Sports Hall /Swimming)
Oystermouth Road, Swansea, SA1 3ST 01792 466 500

Wales National Pool, Sketty Lane,
Swansea, SA2 8QG 01792 513 513

LOCAL ATTRACTIONS

Cinemas: Odeon Cinema, Parc Tawe Retail Park,
SA1 2BA 0333 014 4501

Vue Cinema, York Street, SA1 3LZ 0345 308 4620

Museums: Swansea Museum,
Victoria Road, SA1 1SN 01792 653 763

National Waterfront Museum,
Oystermouth Road, SA1 3RD 0300 111 2333

Bowling: Ten Pin Swansea,
Parc Tawe Retail Park 0871 222 3675

