

SIM CARDS & TOP-UP CARDS

These can be bought in local supermarkets and in the Post Office. eSims are also downloadable from various network providers, eg: www.three.co.uk/sim/esim or www.airalo.com

PLACES OF WORSHIP

Anglican: St Stephen's & Holy Trinity, Adeline Street
www.stpaulsandststephens.org.uk 01633 266 076

Catholic: St Michael's, Clarence Street 01633 265 533
www.allsaintsrcnewport.org.uk

Muslim: Jamia Mosque, 183 Commercial Road
www.alnoorandjamiamosque.co.uk 01633 662 096

For details of other places of worship for different faiths or denominations, please ask a Port Chaplain or a Ship Welfare Visitor.

PUBLIC TRANSPORT

Traveline - Public Transport Advice www.traveline.cymru

Train: National Rail Enquires www.nationalrail.co.uk

Bus: Local Bus Information www.newportbus.co.uk

Coach: Coach: Flixbus www.flixbus.co.uk
National Express www.nationalexpress.com k

Air: Cardiff International Airport www.cardiff-airport.co.uk

Taxis: Uber www.uber.com

CHEMISTS / OPTICIANS

Boots, 155 Commercial Street 01633 251 212

Specsavers, Unit 2 Austin Friars 01633 244 023

LOCAL HOSPITALS

A&E: The Grange University Hospital,
Cwmbran 01633 493 100

Minor Injuries Unit: Royal Gwent Hospital, Newport
*You must contact 111 before attending the MIU

NHS Helpline

111

NEWPORT SEAFARERS' CENTRE



Flying Angel Club, Mission to Seafarers,
Alexander Dock, Uskway, Newport, NP20 2NP

Tel: 01633 265 683

Opening Hours: 18:30 to 22:00

Chapel • Library • Bar • Tea & Coffee • Shop
Games Area • Pool • Table Tennis etc • Free Wi-Fi

Free transport to the centre may be available by prior arrangement using the contact details above.

PORT OFFICE & SECURITY

Newport Docks, Gatehouse (24hr service) 01633 204 420

LOCAL PORT HEALTH AUTHORITY



Covered by Newport City Council 01633 656 656
Port Health port.health@newport.gov.uk

MARITIME AND COASTGUARD AGENCY UK

CardiffMO@mcga.gov.uk 02920 448 848

SEAFARERS' TELEPHONE HELPLINE

SeafarerHelp...the lifeline for seafarers (ISWAN)
www.iswan.org.uk/seafarerhelp (all seafarers) +44 (0)20 7323 2737



Produced by the Merchant Navy Welfare Board, registered as a charity No.212799 in England & Wales and No.SC039669 in Scotland, Newport Seafarers' Centre and the seafarers' welfare charities. Map courtesy of OpenStreet / Photos courtesy of the local seafarers' welfare charities. Please pass any amendments directly to MNWB on 02380 337799 or visit: www.mnwb.org

Issue Date 07/25

PORT INFORMATION LEAFLET

NEWPORT

Welcomes All Seafarers



SEAFARERS' WELFARE ORGANISATIONS



Stella Maris
Port Chaplain 07595 453 063
www.stellamaris.org.uk



The Mission to Seafarers
Lead Chaplain - All Wales 07467 818 219
www.missiontoseafarers.org



Fishermen's Mission 07827 965 241
www.fishermensmission.org.uk



ITF Inspector cheason_elinor@itf.org.uk
07350 359 690
ITF HQ seafsupport@itf.org.uk
www.itfseafarers.org



Nautilus International 020 8989 6677
www.nautilusint.org



RMT 0800 376 3706
www.rmt.org.uk



Scan here to
download a
digital copy of
this leaflet



TOURIST INFORMATION

www.visitwales.com

LIBRARY

Newport Central Library (inc. free WiFi)

John Frost Square, Newport

01633 656 656

POST OFFICE / BANKS / MONEY TRANSFER

Alexandra Dock Post Office, Alexandra Road

(Opening hours: 07:00-22:00 everyday)

Eurochange, Kingsway Centre

www.eurochange.co.uk

(inc. Western Union)

All major banks have branches in the city centre.

ENTERTAINMENT - VENUES/ATTRACTIONS

Cineworld, Spytty Park

www.cineworld.co.uk

Museum & Art Gallery, John Frost Square

01633 656 656

The Riverfront Theatre & Arts Centre, Kingsway 01633 656 757

Newport Dragons (Rugby)

www.dragonsrfc.wales

Newport County (Football)

www.newport-county.co.uk

(Both the football and rugby clubs are based at Rodney Park Stadium)

Newport International Sports Village

(Swimming Pool / Gym / Sports courts)

01633 656 757

SHOPS & RETAIL PARKS

ASDA: Lower Dock Street

(Opening hours: Mon to Sat 07:00-22:00 & Sun 10:00-16:00)

Lidl: Usk Way

(Opening hours: Mon to Sat 08:00-22:00 & Sun 10:00-16:00)

Tesco: Harlech Retail Park

(Opening hours: Mon to Sat 06:00-00:00 & Sun 10:00-16:00)

McDonalds: Harlech Retail Park

(Opening hours: 06:00-00:00 everyday)

Morrisons: Orb Drive

(Opening hours: Mon-Sat 07:00-22:00 & Sun 10:00-16:00)

Retail Parks:

KFC, Sports Direct, B&M, TK Maxx, Smyth Toys,
Home Bargains and Food Warehouse

Commercial Road has many international food shops

