### **IPSWICH SEAFARERS' CENTRE**



24 hour drop-in access via coded keypad (code available from agent or officer at security gate) Telephones · Free WiFi · TV · Chapel · Library



### **PORT OFFICE & SECURITY**

Orwell Navigation Service (ONS) Dock Tower (24hr)

01473 211 066

### **LOCAL PORT HEALTH AUTHORITY**



Suffolk Coastal PHA port.health@scpha.gov.uk 0845 646 1310

# MARITIME AND COASTGUARD AGENCY UK

ColchesterMO@mcga.gov.uk 01206 379 000



### **PUBLIC TRANSPORT**

<b>Train:</b> National Rail Enquiries www.nationalrail.co.uk	0345 748 4950
Bus: Traveline www.traveline.info	0871 200 2233
Coach: National Express www.nationalexpress.com	0871 781 818
Air: Stansted Airport www.stanstedairport.com	0844 335 1803
TAVIS	

### TAXIS

01473 222 222 Hawk Express

### **LOCAL HOSPITAL**

Ipswich Hospital, Heath Road	01473 712 233
•••••	
NHS Helpline	111

### **SEAFARERS' TELEPHONE HELPLINE**

SeafarerHelp....the lifeline for seafarers (ISWAN) +44 (0)20 7323 2737 www.iswan.org.uk/seafarerhelp





Produced by the Merchant Navy Welfare Board (registered as a charity No. 212799 in England & Wales and No. SC039669 in Scotland) and the local seafarer welfare charities. Map courtesy of Open Street. Please pass any amendments directly to MNWB on 02380 337799 or visit: www.mnwb.org

PORT INFORMATION LEAFLET

# **IPSWICH**

Welcomes All Seafarers





# **Ipswich Seafarers' Centre**

Dock Head, Ipswich, IP3 0DP Tel: 01394 673 599

"Welcome to Ipswich! We very much hope that, as well as finding all you need for work, you can make the most of exploring our historic town.

Our small seafarers' centre is unmanned. However, we hope that you'll make yourselves at home and contact one of the chaplains below if we can help in any way".

# **SEAFARERS' WELFARE ORGANISATIONS**



Stella Maris Port Chaplain 07758 356 372 www.stellamaris.org.uk



The Mission to Seafarers Port Chaplain

www.missiontoseafarers.org

07557 512 568



Seafarers' Christian Friend Society 01473 274 632



ITF Inspector

ITF HO

07706 312 270 patten\_tony@itf.org.uk seafsupport@itf.org.uk

www.itfseafarers.org

0208 989 6677 Nautilus International www.nautilusint.org



www.rmt.org.uk

0800 376 3706





### **TOURIST INFORMATION**

www.allaboutipswich.com

# LIBRARY / INTERNET FACILITIES

Ipswich County Library, Northgate Street 01473 927 260

# **PLACES OF WORSHIP**

<b>Anglican:</b> St Lukes, Cliff Lane www.ipswichwaterfrontchurches.co.uk	07340 320 195
Catholic: St James', Landseer Road	01473 726 701
Baptist: Christ Church, Tacket Street	

www.christchurch-ipswich.org.uk 01473 231 097

For details of places of worship for other faiths or denominations, please speak to a Port Chaplain.

# **BANKS / POST OFFICE / MONEY TRANSFER**

Post Office, Westgate Street	0345 722 3344
(located inside WHSmith)	
(services include MoneyGram & Western Union)	
For money transfer on a Sunday	
TUI, Upper Brook Street	01473 217 644
•••••	

Most major banks can be found on Tavern Street.

### **SHOPPING CENTRE**

Ipswich City Centre is home to all the major retail chains. The majority of these can be found in the Sailmakers and Buttermarket Shopping Centres and on Westgate, Tavern and Buttermarket Streets.

Poundland, Sailmakers	01473 216 547
Aldi, Hines Road	0800 042 0800
Sainsburys Supermarket,	01473 250 877
Upper Brook Street	014/3 250 877

# **ENTERTAINMENT / LOCAL ATTRACTIONS**

Cineworld, Cardinal Park www.cineworld.co.uk	
Goals Ipswich (5-a-side pitches) www.goalsfootball.co.uk	01473 300 060
Superbowl (10-pin bowling) www.superbowluk.co.uk	01473 552 963

## **SPORTS FACILITIES**

Crown Pools, Crown Street	01473 433 655
(Swimming & Gym)	



