



PORT OFFICE & SECURITY

Cardiff Port Security (24/7) 07734 072 190
Cardiff Local Port Services (24/7) 0845 601 8870

LOCAL PORT HEALTH AUTHORITY



Cardiff Port Health (Office Hours) 029 2087 1128
porthealth-srs-wales@valeofglamorgan.gov.uk

MARITIME AND COASTGUARD AGENCY UK

CardiffMO@mcga.gov.uk 02920 448 848



TOURIST INFORMATION CENTRE

Tourist Visitor Point 02920 872 167
Cardiff Castle (Entrance Area) www.visitcardiff.com

LIBRARY

Cardiff Central Library (Hub) www.cardiffhubs.co.uk
The Hayes

PLACES OF WORSHIP

Anglican: St Mary The Virgin
www.southcardiffministryarea.co.uk

Catholic: St Patrick's www.stpatrickscardiff.co.uk

Greek Orthodox: St Nicholas www.stnikolaos.org.uk

Muslim: Various mosques
www.mosques.muslimsinbritain.org

Other places of worship for the different faiths and denominations are located throughout Cardiff city centre. Please ask the Port Chaplains or Ship Welfare Visitors for details.

SIM CARDS & TOP-UP CARDS

These can be bought in local supermarkets and in the Post Office. eSims are also downloadable from various network providers eg:
www.three.co.uk/sim/esim
www.airalo.com

SEAFARERS' TELEPHONE HELPLINE

SeafarerHelp...the lifeline for seafarers (ISWAN)
www.iswan.org.uk/seafarerhelp +44 (0)20 7323 2737



Produced by the Merchant Navy Welfare Board, (Registered as a charity No.212799 in England & Wales and No.SCO39669 in Scotland) and the seafarers' welfare charities. Maps/Photos courtesy of ABP and the local seafarers welfare charities. Please pass any amendments directly to MNWB on 02380 337799 or visit: www.mnwb.org

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PORT INFORMATION LEAFLET

CARDIFF

Welcomes All Seafarers



SHIP WELFARE VISITING ORGANISATIONS



The Mission to Seafarers
Port Chaplain +44 (0) 7467 818 219
www.missiontoseafarers.org



Stella Maris
Port Chaplain 07595 453 063
cardiff@stellamarismail.org
www.stellamaris.org.uk



Fishermen's Mission 07827 965 241
wales@fishermensmission.org.uk
www.fishermensmission.org.uk



ITF Inspector 07350 359 690
cheason_elinor@itf.org.uk
ITF HQ seafsupport@itf.org.uk
www.itfseafarers.org



Nautilus International 0208 989 6677
www.nautilusint.org



RMT 0800 376 3706
www.rmt.org.uk



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BANKS / POST OFFICE / MONEY TRANSFER

No! Currency Exchange, Queen's Arcade 02920 235 747
(inc. Western Union) www.no!currency.com

Post Office, Bute Street, Cardiff Bay 02920 051 684
(Open 09:00 to 19:00 Mon to Sat)

*All major banks have branches located in city centre

SHOPPING CENTRE In Cardiff Bay (10min walk from port):

Sainburys, 2a Bute Street Open 0700-2300

Co-op, Pierhead Street Open 0730-2200

Tesco, 17 Mermaid Quay Open 0600-0000

Cardiff Food Centre (International groceries)
Dumballs Road Open 0800-2300

*Most retailers have branches in Cardiff city centre with shops in general open till 20:00 Mon-Sat. (Use No.6 bus from Wales Millennium Centre to get to the city centre).

CHEMIST & OPTICIANS

Boots the Chemist, Queen Street 02920 231 291
www.boots.com

ENTERTAINMENT / LOCAL ATTRACTIONS

Red Dragon Centre
- Cinema & Bowling www.thereddragoncentre.co.uk

National Museum www.museum.wales/cardiff

Cardiff International Pool - Swimming & Gym
www.leisurecentre.com/cardiff-international-pool-and-gym

PUBLIC TRANSPORT

Train: National Rail Enquiries www.nationalrail.co.uk

Bus: Cardiff Bus www.cardiffbus.com

Coach: National Express www.nationalexpress.com
Megabus www.uk.megabus.com

Air: Cardiff International Airport www.cardiff-airport.com

TAXIS

Veezu Taxis 02920 333 333
www.veezu.co.uk/cardiff

LOCAL HOSPITAL

University Hospital of Wales
Heath Park Way 02920 747 747

NHS Helpline 111

