

## SIM CARDS & TOP-UP CARDS

These can be bought in local supermarkets and in the Post Office. eSims are also downloadable from various network providers, eg: [www.three.co.uk/sim/esim](http://www.three.co.uk/sim/esim) or [www.airalo.com](http://www.airalo.com)

## PLACES OF WORSHIP

**Anglican:** St Stephen's & Holy Trinity, Adeline Street  
[www.stpaulsandststephens.org.uk](http://www.stpaulsandststephens.org.uk) 01633 266 076

**Catholic:** St Michael's, Clarence Street 01633 265 533  
[www.allsaintsrcnewport.org.uk](http://www.allsaintsrcnewport.org.uk)

**Muslim:** Jamia Mosque, 183 Commercial Road  
[www.alnoorandjamiamosque.co.uk](http://www.alnoorandjamiamosque.co.uk) 01633 662 096

For details of other places of worship for different faiths or denominations, please ask a Port Chaplain or a Ship Welfare Visitor.

## PUBLIC TRANSPORT

**Traveline** - Public Transport Advice [www.traveline.cymru](http://www.traveline.cymru)

**Train:** National Rail Enquires [www.nationalrail.co.uk](http://www.nationalrail.co.uk)

**Bus:** Local Bus Information [www.newportbus.co.uk](http://www.newportbus.co.uk)

**Coach:** Coach: Flixbus [www.flixbus.co.uk](http://www.flixbus.co.uk)  
National Express [www.nationalexpress.com](http://www.nationalexpress.com) k

**Air:** Cardiff International Airport [www.cardiff-airport.co.uk](http://www.cardiff-airport.co.uk)

**Taxis:** Uber [www.uber.com](http://www.uber.com)

## CHEMISTS / OPTICIANS

Boots, 155 Commercial Street 01633 251 212

Specsavers, Unit 2 Austin Friars 01633 244 023

## LOCAL HOSPITALS

**A&E:** The Grange University Hospital,  
Cwmbran 01633 493 100

**Minor Injuries Unit:** Royal Gwent Hospital, Newport  
\*You must contact 111 before attending the MIU

**NHS Helpline**

111

## NEWPORT SEAFARERS' CENTRE



Flying Angel Club, Mission to Seafarers,  
Alexander Dock, Uskway, Newport, NP20 2NP  
**Tel: 01633 265 683**

**Opening Hours: 18:30 to 22:00**

Chapel • Library • Bar • Tea & Coffee • Shop  
Games Area • Pool • Table Tennis etc • Free Wi-Fi

**Free transport** to the centre may be available by prior arrangement using the contact details above.

## PORT OFFICE & SECURITY

Newport Docks, Gatehouse (24hr service) 01633 204 420

## LOCAL PORT HEALTH AUTHORITY



Covered by Newport City Council 01633 656 656  
Port Health [port.health@newport.gov.uk](mailto:port.health@newport.gov.uk)

## MARITIME AND COASTGUARD AGENCY UK

CardiffMO@mcga.gov.uk 020 3908 5220

## SEAFARERS' TELEPHONE HELPLINE

SeafarerHelp...the lifeline for seafarers (ISWAN)  
[www.iswan.org.uk/seafarerhelp](http://www.iswan.org.uk/seafarerhelp) (all seafarers) +44 (0)20 7323 2737



Produced by the Merchant Navy Welfare Board, registered as a charity No.212799 in England & Wales and No.SC039669 in Scotland, Newport Seafarers' Centre and the seafarers' welfare charities. Map courtesy of OpenStreet / Photos courtesy of the local seafarers' welfare charities. Please pass any amendments directly to MNWB on 02380 337799 or visit: [www.mnwb.org](http://www.mnwb.org)

Issue Date 07/25

## PORT INFORMATION LEAFLET

# NEWPORT

## Welcomes All Seafarers



## SEAFARERS' WELFARE ORGANISATIONS



Stella Maris  
Port Chaplain 07595 453 063  
[www.stellamaris.org.uk](http://www.stellamaris.org.uk)



The Mission to Seafarers  
Lead Chaplain - All Wales 07467 818 219  
[www.missiontoseafarers.org](http://www.missiontoseafarers.org)



Fishermen's Mission 07827 965 241  
[www.fishermensmission.org.uk](http://www.fishermensmission.org.uk)



ITF Inspector [cheason\\_elinor@itf.org.uk](mailto:cheason_elinor@itf.org.uk)  
07350 359 690  
ITF HQ [seafsupport@itf.org.uk](mailto:seafsupport@itf.org.uk)  
[www.itfseafarers.org](http://www.itfseafarers.org)



Nautilus International 020 8989 6677  
[www.nautilusint.org](http://www.nautilusint.org)



RMT 0800 376 3706  
[www.rmt.org.uk](http://www.rmt.org.uk)



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this leaflet





## TOURIST INFORMATION

[www.visitwales.com](http://www.visitwales.com)

## LIBRARY

Newport Central Library (inc. free WiFi)

John Frost Square, Newport

01633 656 656

## POST OFFICE / BANKS / MONEY TRANSFER

Alexandra Dock Post Office, Alexandra Road

(Opening hours: 07:00-22:00 everyday)

Eurochange, Kingsway Centre

[www.eurochange.co.uk](http://www.eurochange.co.uk)

(inc. Western Union)

All major banks have branches in the city centre.

## ENTERTAINMENT - VENUES/ATTRACTIONS

Cineworld, Spytty Park

[www.cineworld.co.uk](http://www.cineworld.co.uk)

Museum & Art Gallery, John Frost Square

01633 656 656

The Riverfront Theatre & Arts Centre, Kingsway 01633 656 757

Newport Dragons (Rugby)

[www.dragonsrfc.wales](http://www.dragonsrfc.wales)

Newport County (Football)

[www.newport-county.co.uk](http://www.newport-county.co.uk)

(Both the football and rugby clubs are based at Rodney Park Stadium)

Newport International Sports Village

(Swimming Pool / Gym / Sports courts)

01633 656 757

## SHOPS & RETAIL PARKS

ASDA: Lower Dock Street

(Opening hours: Mon to Sat 07:00-22:00 & Sun 10:00-16:00)

Lidl: Usk Way

(Opening hours: Mon to Sat 08:00-22:00 & Sun 10:00-16:00)

Tesco: Harlech Retail Park

(Opening hours: Mon to Sat 06:00-00:00 & Sun 10:00-16:00)

McDonalds: Harlech Retail Park

(Opening hours: 06:00-00:00 everyday)

Morrisons: Orb Drive

(Opening hours: Mon-Sat 07:00-22:00 & Sun 10:00-16:00)

### Retail Parks:

KFC, Sports Direct, B&M, TK Maxx, Smyth Toys,  
Home Bargains and Food Warehouse

Commercial Road has many international food shops

