SHIP WELFARE VISITS AND PORT TRANSPORT

Free minibus pick-ups to bring people to the Seafarers' Centre. Please ring 07553 453 190 to arrange (12:00 to 21:00)

*This service is only available Monday to Friday



Seafarers arrive at the Mission to Seafarers' centre via the Mission to Seafarers transport where they are assured of a warm welcome. The AOS and MtoS Port Chaplains and Ship Welfare Visitors regularly ship visit.



SEAFARERS' TELEPHONE HELPLINES

SeafarerHelp.....the lifeline for seafarers (ISWAN)

www.seafarerhelp.org (All seafarers) +44 20 8323 2737

Seafarer Support Referral Helpline

www.seafarersupport.org (UK seafarers only) 0800 121 4765







Produced by the Merchant Navy Welfare Board, registered as a charity No.212799 in England & Wales, and No.SC039669 in Scotland. Maps courtesy of the Port of Tyne and Newcastle City Council. Please pass any amendments to MNWB on 02380 337799 or visit: www.mnwb.org

SEAFARERS' PORT INFORMATION LEAFLET

WELCOMES ALL SEAFARERS



TYNE SEAFARERS' CENTRE

53 Mill Dam. South Shields. NE33 1EF Tel: 0191 456 0878

Email: flyingangelsshields@hotmail.co.uk Web: www.missiontoseafarers.org

SHIP WELFARE VISITING ORGANISATIONS



The Mission to Seafarers

0191 456 0878 07553 453 190

07793 488 971



Stella Maris Port Chaplain www.stellamaris.org.uk

07917 754 259 Fishermen's Mission peterdade@fishermensmission.org.uk



RMT HQ RMT Local Office 0207 387 4771 0191 456 1308



Nautilus International

0208 989 6677



ITF Inspector

+44 (0) 7539 171 323 wilson liam@itf.org.uk

TYNE SEAFARERS' CENTRE



Monday to Friday 12:00 - 21:00 Saturday 10:00 - 14:00 **Closed on Sundays**

Chapel, Library, T.V. lounge, Snooker & Pool tables, Bar, Tea & Coffee, Telephones, Internet Café, Foreign Exchange.



PORT OF TYNE

0191 257 0407 Harbour Office

LOCAL PORT HEALTH AUTHORITY



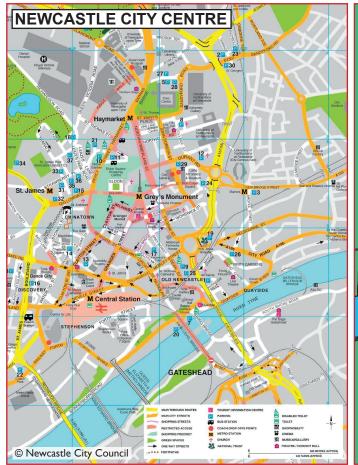
Tyne Port Health Authority 0191 643 6100 (hosted by North Tyneside Council) 07816 931 413

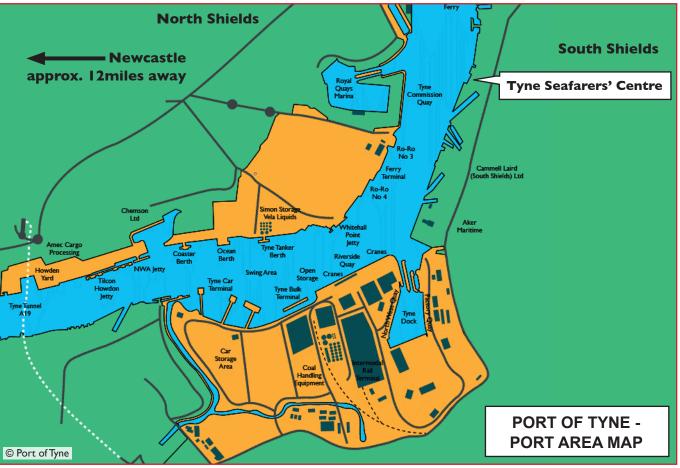
(Out of Hours)

tyne.port.health@northtyneside.gov.uk

MARITIME AND COASTGUARD AGENCY UK

02038 172 018





PLACES OF WORSHIP

There are numerous places of worship situated throughout Tyneside that cover all the different faiths and various denominations. Please ask a Port Chaplain or Ship Welfare Visitor for details.

TOURIST INFORMATION CENTRE

North: www.visitnorthtvneside.com South: www.visitsouthtyneside.com

Tourist Information Centre.

Haven Point, Pier Parade, South Shields 0191 424 7788

LIBRARY

North: North Shields Library. Northumberland Square. North Shields 0191 634 5270

South: "The Word", Market Place,

South Shields 0191 427 1818

POST OFFICE, BANKS & MONEY TRANSFER

North: Located in and around The Beacon Shopping Centre or on Nile Street. North Shields

South: Located on or around King Street, South Shields.

MAIN SHOPPING CENTRES (See maps above)

North: The Beacon Shopping Centre, Bedford Street. North Shields www.thebeaconcentre.co.uk

Newcastle: The main shopping area is centred around Percy Street, inc. Eldon Square Shopping Centre www.intu.co.uk/eldonsquare

South: the shopping area is centred around King Street. South Shields

Gateshead: Metro Centre www.intu.co.uk/metrocentre

ENTERTAINMENT - VENUES/ATTRACTIONS

North: Blue Reef Aquarium, Grand Parade. Tynemouth 0191 258 1031 *There are a larger variety of things to do in nearby Newcastle

South: South Shields Museum.

Ocean Road (Free entry) 0191 211 5599

Arbeia Roman Fort, Baring Street (Free entry)

www.arbeiaromanfort.org.uk

Jarrow Hall Museum, Church Bank, Jarrow www.jarrowhall.org.uk

Customs House Arts Centre, Mill Dam

(Theatre / Cinema / Arts) 0191 454 1234 www.customshouse.co.uk

SPORTS FACILITIES

North: Hadrian Leisure Centre. St Peter's Road.

Wallsend 0191 643 2025 South: Haven Point Leisure Centre,

Pier Parade. South Shields 0191 424 7800

PUBLIC TRANSPORT

Rail: www.nationalrail.co.uk 03457 48 49 50 Bus: Nexus Travel (covers Bus, Metro and Ferry network) Metro: www.nexus.org.uk Ferry: 0191 20 20 747

0871 882 1121 Air: www.newcastleairport.com

TAXIS

New Central Taxis 0191 455 3333 Redline Taxi 0191 537 1111 Richmond Taxis 0191 455 3333

LOCAL HOSPITAL

Helpline: NHS Direct

North: North Tyneside Hospital, Rake Lane,

North Shields 0344 811 8111 South: South Tyneside Hospital.

Harton Lane, South Shields 0191 404 1000

























