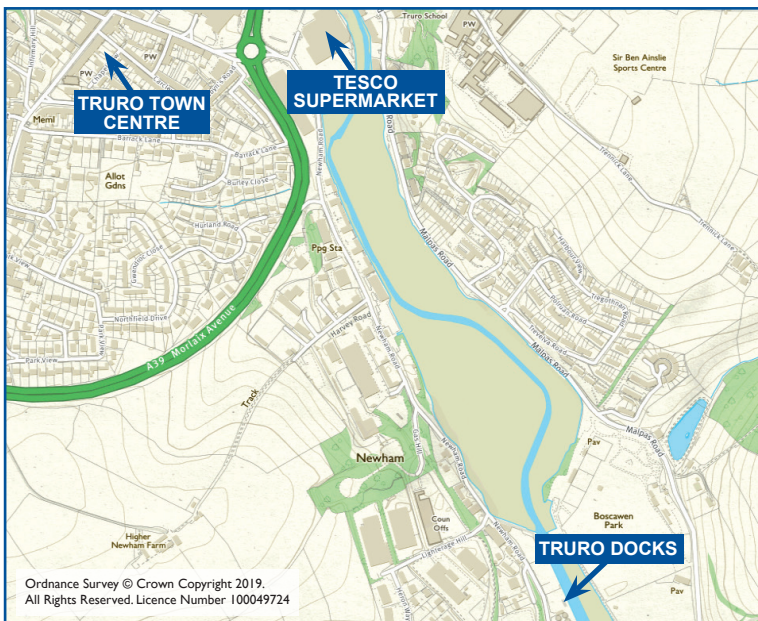


PORT AREA MAP



Directions from Lighterage Quay to Lemon Quay in Centre of Truro:

- Pass through the green gates at the North of the Quay next to the flood defence gate control room.
- Walk towards the road and turn right toward Truro centre and the Cathedral spires. Walk carefully towards Tesco supermarket. The road is very busy and pedestrians should be careful, large goods vehicles and mobile cranes use this road. Stay on the right until you find the pavement about 200m from the quay.
- Tesco is the nearest supermarket however walking through the first car park a fenced waterfront walkway can be found to the right of the Tesco store. Follow the water side walkway to the subway beneath the main road. The subway allows access to a large open area Lemon Quay near the centre of Truro. Refer to the map for other points of interest.

SEAFARERS' TELEPHONE HELPLINES

SeafarerHelp.....the lifeline for seafarers (ISWAN)
www.seafarerhelp.org (All seafarers) 24 20 7323 2737

Seafarer Support Referral Helpline
www.seafarersupport.org (UK seafarers only) 0800 121 4765



VISIT TRURO

Produced by the Merchant Navy Welfare Board, registered as a charity No. 212799 in England & Wales and No.SC039669 in Scotland. Maps courtesy of Visit Truro and Ordnance Survey. Please pass any amendments **directly** to MNWB on 02380 337799 or visit: **www.mnwb.org**

SEAFARERS' PORT INFORMATION LEAFLET

TRURO WELCOMES ALL SEAFARERS



SHIP WELFARE VISITING ORGANISATIONS



Apostleship of the Sea
Port Chaplain 07738 761 157



The Mission to Seafarers 07810 825 297
Port Chaplain www.missiontoseafarers.org



Seamen's Christian
Friend Society 01326 312 399



Fishermen's Mission 01736 363 499
07816 368 886



Nautilus International 020 8989 6677



ITF Inspector cheason_elinor@itf.org.uk
www.itfseafarers.org 07350 359 690



ITF HQ 0207 403 2733



PLACES OF WORSHIP

Anglican: Truro Cathedral, St George's Road
www.trurocathedral.org.uk 01872 276 782

Catholic: Our Lady of the Portal & Piran, St Austell Street
www.trurocatholicchurch.org.uk 01872 272291

Muslim: Cornwall Islamic
Community Centre 07855 789 658
www.cornwallasian-islamiccommunitycentre.co.uk

*For places of worship for other denominations and faiths please ask the Port Chaplains or Ship Welfare Visitors.



PORT OFFICE & SECURITY

Harbour Office 01872 224 231
Police 101

LOCAL PORT HEALTH AUTHORITY



Cornwall Port Health Authority 01872 323 090

MARITIME AND COASTGUARD AGENCY UK

infoline@mcga.gov.uk

TOURIST INFORMATION CENTRE

Municipal Buildings, Boscawen Street 01872 274 555

LIBRARY / INTERNET FACILITIES

Community Library, Union Place 0300 123 4111

POST OFFICE, BANKS & MONEY TRANSFER

Post Office, Pydar Street 0845 722 3344
(inc. MoneyGram money transfer)

*All major banks have branches located in the town centre

SHOPPING CENTRE

Argos, Victoria Square 0345 165 7123

Tesco Superstore, Garras Wharf	0345 677 9684
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*Various other major retail chains have branches in the town centre.

ENTERTAINMENT - VENUES / ATTRACTIONS

Plaza Cinema, Lemon Street 0871 200 3304

Truro Bowl, Oak Way	01872 222 333
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Royal Cornwall Museum, River Street 01872 272 205

Truro Cathedral	01872 276 782
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Victoria Gardens Park, St George's Road

SPORTS FACILITIES

Truro Leisure Centre, College Road 01872 261 628

Sir Ben Ainslie Sports Centre,

Trennick Lane 01872 246 050

PUBLIC TRANSPORT

Train: National Rail Enquiries 0345 748 4950
www.nationalrail.co.uk

Bus: Traveline 0871 200 2233
www.travelinesw.com

Coach: National Express 0871 781 8181
www.nationalexpress.com

Air: Cornwall Airport (Newquay) 01637 860 600
www.cornwallairportnewquay.com

Exeter Airport 01392 367 433
www.exeter-airport.co.uk

TAXIS

121 Truro City Taxis 01872 263 635

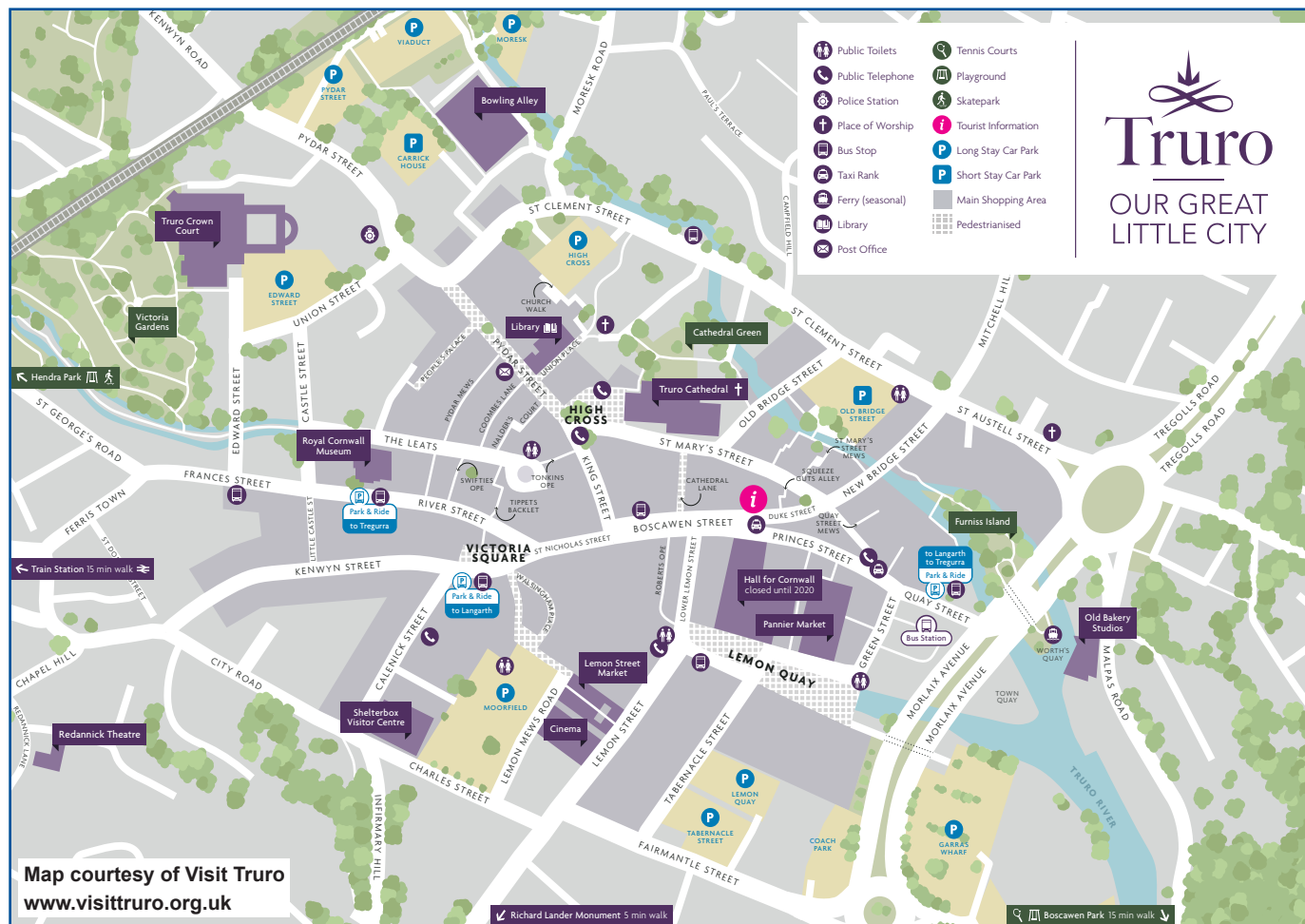
Ansum Cabs	01872 277 000
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LOCAL HOSPITAL

A&E and Minor Injuries Unit

Royal Cornwall Hospital, Treliske, Truro 01872 250 000

NHS Direct	111
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Capt. Mark Killingback - Truro Harbour Master

