

## SEAFARER'S DROP-IN CABIN



**Cabin is open 24/7 (un-manned)**

Code for entry available from Port Security office

• Free WiFi • Prayer area • Free clothing items

## PUBLIC TRANSPORT

**Rail:** National Rail Enquiries 0345 748 4950  
www.nationalrail.co.uk

**Bus:** Traveline (Local bus info) 0871 200 2233  
www.travelinesw.com

**Coach:** National Express 0871 781 8181  
www.nationalexpress.com

**Air:** London Stansted Airport 0844 335 1803  
www.stansteadairport.com

## TAXIS

King's Lynn Taxis 01553 763 636

Station Taxis 01553 777 788

## LOCAL HOSPITAL

**A&E:** Queen Elizabeth Hospital 01553 613 613

**Minor Injuries Unit:**  
St James' Medical Centre 01553 774 221

**NHS Helpline** 111

## PORT OFFICE & SECURITY

Port office 01553 691 555

Police 101

## LOCAL PORT HEALTH AUTHORITY

King's Lynn & West Norfolk Council 01553 616 200

## MARITIME AND COASTGUARD AGENCY UK

ColchesterMO@mcga.gov.uk 02039 085 165

## PLACES OF WORSHIP

**Anglican:** All Saints, Church Lane 01553 771 779

**Catholic:** Our Lady of the Annunciation,  
London Road 01553 772 220

**Baptist:** KLBC, Wisbech Road 01553 763 015

Various places of worship for different faiths and denominations are located throughout the town centre. Please ask the Port Chaplain / Ship Welfare Visitors for details.

## TOURIST INFORMATION CENTRE

Stories of Lynn, Saturday Market Place 01553 774 297  
www.northwestnorfolk.com

## LIBRARY / INTERNET FACILITIES

Central Library, London Road 01553 772 568

## POST OFFICE, BANKS & MONEY TRANSFER

Post Office, 7 Norfolk Street 0345 722 3344  
(inc. MoneyGram money transfer)

\*All major banks have branches in the town centre.



## SEAFARERS' TELEPHONE HELPLINES

SeafarerHelp....the lifeline for seafarers (ISWAN)  
www.seafarerhelp.org (all seafarers) +44 (0)20 7323 2737

Seafarer Support Referral Helpline 0800 121 4765  
(UK seafarers only) www.seafarerssupport.org



Produced by the Merchant Navy Welfare Board, registered as a charity  
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Ordnance Survey. Please pass any amendments directly to MNWB  
on 02380 337799 or visit: [www.mnwb.org](http://www.mnwb.org)

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## SEAFARERS' PORT INFORMATION LEAFLET

# KINGS LYNN WELCOMES ALL SEAFARERS



## SHIP WELFARE VISITING ORGANISATIONS



Stella Maris 07758 356 372  
www.stellamaris.org.uk



The Mission to Seafarers 07788 111 823  
www.missiontoseafarers.org



Fishermen's Mission 07963 478 895  
www.fishermensmission.org.uk



ITF Inspector patten\_tony@itf.org.uk  
ITF HQ 07706 312 270  
www.itfseafarers.org seafsupport@itf.org.uk



Nautilus International 020 8989 6677  
www.nautilusint.org



RMT 020 7387 4771  
www.rmt.org.uk





## SHOPPING CENTRE

Argos (inside Sainburys), Vancouver Centre	0345 013 4271
Tesco Superstore, St Faith's Drive	0345 677 9392
Boots the Chemist, High Street	01553 772 427
Specsavers Optician, Norfolk Street	01533 692 604

\*Various other shops are located throughout the town centre.

## ENTERTAINMENT - VENUES / ATTRACTIONS

Majestic Cinema, Tower Street <a href="http://www.majestic-cinema.co.uk">www.majestic-cinema.co.uk</a>	01553 771 918
Strikes Ten Pin Bowling, Lynn Road <a href="http://www.kingslynstrikesbowl.co.uk">www.kingslynstrikesbowl.co.uk</a>	01553 760 333
Lynn Museum, Market Street	01553 775 001
Customs House (Maritime Museum), King St	

## SPORTS FACILITIES

Alive Leisure <a href="http://www.alivewestnorfolk.co.uk">www.alivewestnorfolk.co.uk</a>	01553 764 888
St James Swimming Pool, Blackfriars Street	01553 764 888
Lynnsport, Greenpark Avenue (Gym & Sports Centre)	01553 818 001

