

SEAFARERS' GARDEN



Garden and Summerhouse open 24hrs a day.

FRIENDSHIP, SUPPORT & ADVICE



The centre is a place of friendship, support and advice - with ship visiting all year round.

SEAFARERS' TELEPHONE HELPLINES

International Seafarers Assistance Network (ISWAN)
www.seafarerhelp.org (all seafarers) +44 20 7323 2737

Seafarer Support Referral Helpline
www.seafarersupport.org (UK seafarers only) 0800 121 4765



Produced by the Merchant Navy Welfare Board, registered as a charity
 No.212799 in England & Wales and No.SC039669 in Scotland.
 Please pass any amendments **directly** to MNWB on 02380 337799
 or visit: www.mnwb.org

SEAFARERS' PORT INFORMATION LEAFLET

FALMOUTH WELCOMES ALL SEAFARERS



FALMOUTH SEAFARERS' CENTRE

Flying Angel Centre, The Docks, Falmouth,
 Cornwall TR11 4NR
www.falmouthflyingangel.org

SHIP WELFARE VISITING ORGANISATIONS

	The Mission to Seafarers Admin, Enquiries & Emergencies Honorary Chaplain	07810 825 297 01326 319 141
	Apostleship of the Sea Lay Chaplain	07738 761 157
	Seamen's Christian Friend Society	www.scfs.org
	Merchant Navy Association Port Welfare Officer (MN & Fishermen) plymouth@fishermensmission.org.uk	01752 210 839 07825 611 769
	Nautilus International	020 8989 6677
	RMT	020 7387 4771
	ITF Inspector	cheason_elinor@itf.org.uk 07350 359 690

FALMOUTH SEAFARERS' CENTRE



As well as being a Drop-In centre, Falmouth is also a Seafarers' Wellbeing Centre and can offer Advice & Support for seafarers including free guidance, help to get fit and free Physiotherapy treatment.

Opening Hours: Mon-Fri 19:30 to 22:00
 (Daytime and Weekends can be arranged)

Chapel • Toilets • Free WiFi • Seafarers' Garden and Summerhouse (24hr access) • Free warm clothing and hats • Free Tea & Coffee • Plenty of indoor and outdoor seating • Large comfortable lounge • Free Books • Souvenirs for Sale • Post Office (just outside main gate)

PORT TRANSPORT

There is no port transport as the town centre is only a short walk away.

PORT OFFICE & SECURITY

Falmouth Docks Police (24hr service) 01326 212 100

LOCAL PORT HEALTH AUTHORITY

 Cornwall Port Health Authority 01872 323090
porthealth@cornwall.gov.uk

MARITIME AND COASTGUARD AGENCY UK

infoline@mcga.gov.uk





MAP KEY

LEISURE & CULTURAL HIGHLIGHTS

G.1 Swanpool Nature Reserve
A.4 Ships & Castles Leisure Centre
J.4 Phoenix Cinema
B.4 Ocean Bowl
D.4 Discovery Quay
E.4 Watersports Centre
E.2 Queen Mary Gardens
D.3 Gyllyngdune Gardens
J.3 Kimberley Park
F.2 Fox Rosehill Gardens
E.2 South West Coast Path
E.4 Public Slipway – Watersports
F.5 Visitors Yacht Haven
L.5 Packet Quay
B.4 Castle Beach
D.2 Tunnel Beach
E.2 Gyllyngvase Beach
G.1 Swanpool Beach
F.1 Rugby Ground

J.2 Boscawen Fields (dog friendly)
I.4 The Moor
A.4 Pannennis Castle
D.4 National Maritime Museum
C.4 RNLI Station & Shop
G.4 The Poly
I.4 Falmouth Art Gallery
F.4 The Custom House
F.4 Custom House Quay (featuring The King's Pipe)
G.5 Fish Strand Quay
H.4 Jacob's Ladder
E.4 Killigrew Monument
E.4 Arwenack Manor
G.4 Upton Slip (Amy figurehead)
I.4 Packet Service Memorial
H.5 St Nazaire Memorial
D.5 Princess Pavilion
G.4 St George's Arcade

AMENITIES

H.5 Tourist Information Centre
G.4 The Church of King Charles the Martyr
H.4 Methodist Church
I.3 All Saints Church
G.4 One Stop Shop
I.4 Library & Town Hall
C.6 Falmouth Docks
I.4 The Post Office
C.5 Pannennis Marina

TRANSPORT

I.4 Bus Stop (The Moor)
B.4 Falmouth Docks Railway Station
E.3 Falmouth Town Railway Station
I.4 Coach pick up point (outside Argos)
D.4 Coach pick up point (Maritime car park)
H.5 Prince of Wales Pier (boat trips)
E.4 Custom House Quay (boat trips)
D.3 County Wharf (cruise ship passengers)

VIEW POINT WALKS WATERSPORTS LEISURE FACILITY GARDEN
 PLAYGROUND PIER OR SLIPWAY HERITAGE ART GALLERY MUSEUM
 EVENT AREA BOWLING BEACH CINEMA FERRY
 TOILETS LIBRARY TOURIST INFORMATION CHURCH
 PARKING BUS TAXI TRAIN ONE WAY SYSTEM

PLACES OF WORSHIP		
CofE: King Charles the Martyr, Church Street	01326 319 141	
Methodist: Falmouth Methodist Church, Killigrew Street	01326 211 549	
RC: St Marys, Killigrew Street	01326 312 763	
Muslim: Cornwall Islamic Community Centre (Truro)	07855 789 658	
* For details of places of worship for other denominations and faiths, please ask one of the ship welfare organisations or at the Seafarers' Centre		
POST OFFICE, BANKS & MONEY TRANSFER		
Post Office, Bar Road (just outside Port Gates)		
Western Union (WH Smith), Market Street	01326 314 480	
*All major banks have branches in the town centre		
LIBRARY		
Falmouth Library, The Moor	0300 123 4111	

ENTERTAINMENT & LOCAL ATTRACTIONS		
Princess Pavilion, Melvill Road (Concert Venue)	01326 211 222	
Phoenix Cinema, Berkeley Vale	01326 313 072	
Pennennis Castle, Castle Drive	01326 316 594	
Ships & Castles Leisure Centre, Castle Drive	01326 212 129	
National Maritime Museum, Discovery Quay	01326 313 388	
SHOPPING CENTRE (see map above)		
Boots the Chemist, Market Street	01326 312 373	
Specsavers Opticians, Market Street	01326 212 733	
Argos, Berkeley Vale	0345 165 7369	
Tesco Express, Discovery Quay	0345 671 9300	
Trago Mills, Arwenack Street	01326 315 738	
TOURIST INFORMATION CENTRE		
Falmouth Tourist Information Centre	01326 312 300	
11 Market Street	www.falriver.co.uk	

PUBLIC TRANSPORT		
Train: National Rail Enquiries	0345 748 4950	
www.nationalrail.co.uk		
Bus: Traveline Info	0871 200 2233	
www.travelinesw.com		
Coach: National Express	0871 781 8181	
www.nationalexpress.com		
Air: Newquay Airport	01637 860 600	
www.cornwallairportnewquay.com		
TAXIS		
Able Cars	01326 373 007	
Falmouth Taxis	01326 312 181	
LOCAL HOSPITAL		
A&E: Royal Cornwall Hospital (Truro)	01872 250 000	
Minor Injuries: Falmouth Hospital, Trescobeeas Road	01326 430 000	
Helpline: NHS Direct	111	