



## PORT OFFICE & SECURITY

Cardiff Port Security (24/7) 07734 072 190  
Cardiff Local Port Services (24/7) 0845 601 8870

## LOCAL PORT HEALTH AUTHORITY



Cardiff Port Health (Office Hours) 029 2087 1128  
porthealth-srs-wales@valeofglamorgan.gov.uk

## MARITIME AND COASTGUARD AGENCY UK

CardiffMO@mcga.gov.uk 020 3908 5220



## TOURIST INFORMATION CENTRE

Tourist Visitor Point 02920 872 167  
Cardiff Castle (Entrance Area) [www.visitcardiff.com](http://www.visitcardiff.com)

## LIBRARY

Cardiff Central Library (Hub) [www.cardiffhubs.co.uk](http://www.cardiffhubs.co.uk)  
The Hayes

## PLACES OF WORSHIP

**Anglican:** St Mary The Virgin  
[www.southcardiffministryarea.co.uk](http://www.southcardiffministryarea.co.uk)

**Catholic:** St Patrick's [www.stpatrickscardiff.co.uk](http://www.stpatrickscardiff.co.uk)

**Greek Orthodox:** St Nicholas [www.stnikolaos.org.uk](http://www.stnikolaos.org.uk)

**Muslim:** Various mosques  
[www.mosques.muslimsinbritain.org](http://www.mosques.muslimsinbritain.org)

Other places of worship for the different faiths and denominations are located throughout Cardiff city centre. Please ask the Port Chaplains or Ship Welfare Visitors for details.

## SIM CARDS & TOP-UP CARDS

These can be bought in local supermarkets and in the Post Office. eSims are also downloadable from various network providers eg:  
[www.three.co.uk/sim/esim](http://www.three.co.uk/sim/esim)  
[www.airalo.com](http://www.airalo.com)

## SEAFARERS' TELEPHONE HELPLINE

SeafarerHelp...the lifeline for seafarers (ISWAN)  
[www.iswan.org.uk/seafarerhelp](http://www.iswan.org.uk/seafarerhelp) +44 (0)20 7323 2737



Produced by the Merchant Navy Welfare Board, (Registered as a charity No.212799 in England & Wales and No.SCO39669 in Scotland) and the seafarers' welfare charities. Maps/Photos courtesy of ABP and the local seafarers' welfare charities. Please pass any amendments directly to MNWB on 02380 337799 or visit: [www.mnwb.org](http://www.mnwb.org)

## PORT INFORMATION LEAFLET

# CARDIFF

## Welcomes All Seafarers



## SHIP WELFARE VISITING ORGANISATIONS



The Mission to Seafarers  
Port Chaplain +44 (0) 7467 818 219  
[www.missiontoseafarers.org](http://www.missiontoseafarers.org)



Stella Maris  
Port Chaplain 07595 453 063  
[cardiff@stellamarismail.org](mailto:cardiff@stellamarismail.org)  
[www.stellamaris.org.uk](http://www.stellamaris.org.uk)



Fishermen's Mission 07827 965 241  
[wales@fishermensmission.org.uk](mailto:wales@fishermensmission.org.uk)  
[www.fishermensmission.org.uk](http://www.fishermensmission.org.uk)



ITF Inspector 07350 359 690  
[cheason\\_elinor@itf.org.uk](mailto:cheason_elinor@itf.org.uk)  
ITF HQ [seafsupport@itf.org.uk](mailto:seafsupport@itf.org.uk)  
[www.itfseafarers.org](http://www.itfseafarers.org)



Nautilus International 0208 989 6677  
[www.nautilusint.org](http://www.nautilusint.org)



RMT 0800 376 3706  
[www.rmt.org.uk](http://www.rmt.org.uk)



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## BANKS / POST OFFICE / MONEY TRANSFER

No! Currency Exchange, Queen's Arcade 02920 235 747  
(inc. Western Union) [www.no!currency.com](http://www.no!currency.com)

Post Office, Bute Street, Cardiff Bay 02920 051 684  
(Open 09:00 to 19:00 Mon to Sat)

\*All major banks have branches located in city centre

## SHOPPING CENTRE In Cardiff Bay (10min walk from port):

Sainburys, 2a Bute Street Open 0700-2300

Co-op, Pierhead Street Open 0730-2200

Tesco, 17 Mermaid Quay Open 0600-0000

Cardiff Food Centre (International groceries)  
Dumballs Road Open 0800-2300

\*Most retailers have branches in Cardiff city centre with shops in general open till 20:00 Mon-Sat. (Use No.6 bus from Wales Millennium Centre to get to the city centre).

## CHEMIST & OPTICIANS

Boots the Chemist, Queen Street 02920 231 291  
[www.boots.com](http://www.boots.com)

## ENTERTAINMENT / LOCAL ATTRACTIONS

Red Dragon Centre  
- Cinema & Bowling [www.thereddragoncentre.co.uk](http://www.thereddragoncentre.co.uk)

National Museum [www.museum.wales/cardiff](http://www.museum.wales/cardiff)

Cardiff International Pool - Swimming & Gym  
[www.leisurecentre.com/cardiff-international-pool-and-gym](http://www.leisurecentre.com/cardiff-international-pool-and-gym)

## PUBLIC TRANSPORT

**Train:** National Rail Enquiries [www.nationalrail.co.uk](http://www.nationalrail.co.uk)

**Bus:** Cardiff Bus [www.cardiffbus.com](http://www.cardiffbus.com)

**Coach:** National Express [www.nationalexpress.com](http://www.nationalexpress.com)  
Megabus [www.uk.megabus.com](http://www.uk.megabus.com)

**Air:** Cardiff International Airport [www.cardiff-airport.com](http://www.cardiff-airport.com)

## TAXIS

Veezu Taxis 02920 333 333  
[www.veezu.co.uk/cardiff](http://www.veezu.co.uk/cardiff)

## LOCAL HOSPITAL

University Hospital of Wales  
Heath Park Way 02920 747 747

NHS Helpline 111

