

AERIAL VIEW OF FLATHOUSE QUAY



The city centre (Commercial Road) is only a 10 minute walk away through the main gate and turn right

TELEPHONE CARDS

Telephone cards are available to purchase from AoS personnel representing the centre when ships are in port. Seafarers are strongly advised to purchase telephone cards only from official Portsmouth Seafarers' Centre representatives.

TELEPHONES



Seafarers using the telephones at Flathouse Quay

SEAFARERS' TELEPHONE HELPLINES

International Seafarers' Advice Network (ISWAN)

Available to all seafarers (+44) 20 7323 2737

Seafarer Support Referral Helpline

www.seafarersupport.org - UK Seafarers only 0800 121 4765



Produced by the Merchant Navy Welfare Board, registered as a charity No.212799 in England & Wales and No.SC039699 in Scotland; seafarers' welfare charities. Maps / Photos courtesy of Portsmouth Port. Please pass any amendments directly to MNWB on 02380 337799 or visit: www.mnwb.org

SEAFARERS' PORT INFORMATION LEAFLET

PORTSMOUTH WELCOMES ALL SEAFARERS








Flathouse Quay, Albert Johnson Quay & Main Terminal



PORTSMOUTH SEAFARERS' CENTRE

Portsmouth Stella Maris Centre,
Flathouse Quay, Portsmouth PO2 7SP

SHIP WELFARE VISITING ORGANISATIONS

| | | |
|---|---|--------------------------------------|
|  | Apostleship of the Sea Ship Welfare Visitors | 0044 7963 345618 0044 7595 453063 |
|  | The Mission to Seafarers Port Chaplain | 01329 314345 |
|  | Seamans Christian Friend Society Ship Welfare Visitors | 01983 611195 01983 873766 |
|  | Fishermen's Mission | 07827 965243 |
|  | Nautilus International | 020 8989 6677 |
|  | RMT | 020 7387 4771 |
|  | ITF HQ Local ITF Inspector | 0207 940 9287 07949 246 219 |

PORTSMOUTH SEAFARERS' CENTRE



Seafarers using the facilities at Flathouse Quay

Opening Hours: 24 hour drop-in access via coded keypad
Telephones • Internet • Reading
Prayer • Relaxation

SEAFARERS' INTERNET



Seafarers making use of IT facilities at Flathouse Quay

PORT TRANSPORT

There is no port transport but the city is only a short walk away

PORT OFFICE & SECURITY

| | |
|----------------------|--------------|
| Harbour Office | 02392 297391 |
| Port Security Office | 02392 855900 |
| MMD Gate Office | 02392 890655 |

LOCAL PORT HEALTH AUTHORITY

| | | |
|---|------------------------|--------------|
|  | Portsmouth Port Health | 02392 688653 |
|---|------------------------|--------------|

MARITIME AND COASTGUARD AGENCY UK

infoline@mcga.gov.uk

PLACES OF WORSHIP

| | |
|--|--------------|
| Anglican: St Thomas' Cathedral, High Street | 02392 823300 |
| Catholic: St John's Cathedral, Bishop Crispian Way | 02392 826170 |
| Islamic: Jami Mosque, Victoria Road North | 02392 832541 |

POST OFFICE, BANKS & MONEY TRANSFER

There are cashpoint and money transfer facilities available in the main Port Terminal. These are also available adjacent to Sainburys supermarket on Commercial Road.

ENTERTAINMENT - VENUES/ATTRACTIONS

| | |
|---------------------------------|---------------|
| Portsmouth Historic Dockyard | 02392 839766 |
| Spinnaker Tower, Gunwharf Quays | 02392 857520 |
| Blue Reef Aquarium, Southsea | 02392 875222 |
| Kings Theatre | 02392 828282 |
| Vue Cinema, Gunwharf Quays | 0345 308 4620 |
| Portsmouth Football Club | 02392 731204 |

LOCAL HOSPITAL

| | |
|--|--------------|
| Queen Alexandra Hospital, Southwick Hill Road, Cosham | 02392 286000 |
| NHS Direct | 111 |

CHEMISTS / OPTICIANS

| | |
|---|---------------|
| Chemist: Boots, Gunwharf Quays | 02392 750 223 |
| Opticians: Specsavers, Commercial Rd | 02392 296 959 |

SHOPPING

| | |
|-----------------------------|---------------|
| Sainsburys, Commercial Road | 02392 822 828 |
| Argos, Commercial Road | 0345 165 7419 |

*All major chain stores have branches in the town centre

PUBLIC TRANSPORT

| | |
|---|----------------|
| Rail: Enquiry Line | 03457 48 49 50 |
| Coach: National Express | 0871 781 8181 |
| Bus: Infoline | 0871 200 2233 |
| Air: Southampton International Airport | 0844 481 7777 |

TAXIS

| | |
|-----------------|--------------|
| City Wide Taxis | 02392 833333 |
| Northend Taxis | 02392 969969 |
| Airports Direct | 02392 667766 |

SPORTS FACILITIES

| | |
|------------------------------------|--------------|
| Mountbatten Centre, Alexandra Park | 02393 200401 |
| The Pyramids, Southsea | 02393 200330 |

TOURIST INFORMATION CENTRE

| | |
|---|--------------|
| Tourist Info Centre, Clarence Esplanade | 02392 826722 |
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LIBRARY

| | |
|-----------------------------------|--------------|
| Central Library, Guildhall Square | 02392 819311 |
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