



SIM CARDS & TOP-UP CARDS

SIM cards & Top-up cards are available for purchase at the Newport Seafarers' Centre and from Ship Welfare Visitors representing the centre. Seafarers are strongly advised to purchase SIM cards & Top-up cards only from official Newport Seafarers' Centre representatives.

PUBLIC TRANSPORT

Train: National Rail Enquires www.nationalrail.co.uk
03457 48 49 50

Bus: Local Bus Information
(Newport Bus) 01633 670 563

Traveline - Public Transport Advice www.traveline.cymru
(UK Customer Services) 0800 464 0000

Air: Cardiff International Airport www.cardiff-airport.co.uk
(General Enquiries) 01446 711 111

Taxis: Chow Taxis 01633 211 011
Dragon Taxis 01633 216 216

SEAFARERS' TELEPHONE SUPPORT

SeafarerHelp.....the lifeline for seafarers (ISWAN)
www.seafarerhelp.org (All seafarers) +44 20 7323 2737

Seafarer Support Referral Helpline
www.seafarersupport.org (UK seafarers only) 0800 121 4765



Produced by the Merchant Navy Welfare Board, registered as a charity No.212799 in England & Wales and No.SC039669 in Scotland, Newport Seafarers' Centre and the seafarers' welfare charities. Maps/Photos courtesy of ABP and the local seafarers' welfare charities. Please pass any amendments **directly** to MNWB on 02380 337799 or visit: www.mnwb.org

PORT INFORMATION LEAFLET

NEWPORT WELCOMES ALL SEAFARERS



NEWPORT SEAFARERS' CENTRE

Flying Angel Club, Mission to Seafarers,
Alexander Dock, Uskway, Newport, NP20 2NP
Tel: 01633 265 683

SHIP WELFARE VISITING ORGANISATIONS



The Mission to Seafarers 07557 512 568
Port Chaplain www.missiontoseafarers.org



Stella Maris (AoS) 07595 453 063
Port Chaplain www.apostleshiofthesea.org



Sailors' Society 07795 314 646
Port Chaplain www.sailors-society.org



Fishermen's Mission 07827 965 241
swales@fishermensmission.org.uk



Nautilus International 020 8989 6677
www.nautilusint.org



RMT 020 7387 4771
www.rmt.org.uk



ITF Inspector 07764 182 768
molloy_tommy@itf.org.uk
ITF HQ +44 20 7403 2733
www.itfglobal.org

NEWPORT SEAFARERS' CENTRE



Opening Hours: 18:30 to 22:30

Chapel • Library • Bar • Tea & Coffee • Shop
Games Area • Pool • Table Tennis etc • Free Wi-Fi



Newport has its own Chapel inside the seafarers' centre. (see above)

PORT TRANSPORT

Free transport to the centre may be available by prior arrangement. Please contact the centre between 18:30 and 22:30 hrs. 01633 265 683

PORT OFFICE & SECURITY

Newport Docks, Gatehouse (24hr service) 01633 204 420
Severn VTS 0845 601 8870

LOCAL PORT HEALTH AUTHORITY



Covered by Newport City Council 01633 656 656
Port Health port.health@newport.gov.uk

MARITIME AND COASTGUARD AGENCY UK

info@mcga.gov.uk

In case of an emergency ring 999 and ask for the Coastguard

PLACES OF WORSHIP

Anglican: St Stephen's & Holy Trinity, Adeline Street	01633 265 192
Catholic: St Michael's, Clarence Street	01633 265 533
Muslim: Newport Central Mosque, 181 Commercial Road	01633 662 096

For details of places of worship for other faiths or denominations, please speak to the Port Chaplains or Ship Welfare Visitors.

TOURIST INFORMATION CENTRE

Tourist Information Centre	01633 233 663
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LIBRARY

Newport Central Library John Frost Square, Newport	01633 656 656
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POST OFFICE/MONEY TRANSFER

Post Office: 32 Commercial Road	01633 264 389
Eurochange Money Transfer, Kingsway Centre	01633 256 367

BANKS

Santander, 20 Commercial Street	0800 03 4321
HSBC, 1 Bridge Street	0345 740 4404
Lloyds, 42 Commercial Street	0345 300 0000

SHOPS

Various high street retail outlets located throughout town centre, inc:	
ASDA: Lower Dock Street	01633 844 200
ARGOS: Mendalgief Retail Park, Docksway	0345 165 7800

CHEMISTS / OPTICIANS

Boots, 155 Commercial Street	01633 251 212
Specsavers, Unit 2 Austin Friars	01633 244 023

ENTERTAINMENT - VENUES/ATTRACTIONS

Cineworld, Friars Walk	0871 200 2000
Museum & Art Gallery, John Frost Square	01633 656 656
Dolman Theatre, Emlyn Street	01633 263 670
Riverfront Theatre	01633 656 757

SPORTS FACILITIES

Pillgwenlly Millenium Centre	01633 660 262
Newport Leisure Centre (Swimming)	01633 656 757
Bannatyne Health Club	01633 266 688

LOCAL HOSPITAL

Royal Gwent Hospital, Newport A&E	01633 234 056
Minor Injuries Unit	01633 238 642
NHS Direct Wales	0845 606 46 47

