



SEAFARERS' TELEPHONE HELPLINES

SeafarerHelp...the lifeline to seafarers (ISWAN)
www.seafarerhelp.org (All seafarers) +44 20 7323 2737

Seafarer Support Referral Helpline
www.seafarerssupport.org (UK seafarers only) 0800 121 4765



Shetland
Islands
Council



LERWICK
PORT AUTHORITY

Produced by the Merchant Navy Welfare Board, registered as a charity (No.212799 in England & Wales and No.SC039669 in Scotland) and the Lerwick Seafarers' Centre. Map courtesy of Viewfield Design Ltd. Please pass any amendments directly to MNWB on 02380 337799 or visit www.mnwb.org.uk

PORT WELFARE INFORMATION LEAFLET

LERWICK WELCOMES ALL SEAFARERS



LERWICK SEAFARERS' CENTRE

Ebenezer Hall, Navy Lane, Lerwick, ZE1 0BS
 Email: shetlandseafarers@hotmail.com
 Tel: 01595 693 019 Mob: 07483 243 351

SHIP WELFARE VISITING ORGANISATIONS



Sailors' Society Port Chaplain 07483 243 351
www.sailors-society.org



Fishermen's Mission 07787 115 118
www.fishermensmission.org.uk 01595 692 703



Stella Maris (AoS) 07757 042 722
 Port Chaplain



Nautilus International 0151 639 8454
www.nautilusint.org



RMT 0207 387 4771
www.rmt.org.uk



ITF HQ 0207 403 2733
www.itfseafarers.org

LERWICK SEAFARERS' CENTRE



Opening Hours: 11:00 to 15:00
 (on days when a cruise ship is in port) Internet
 • Refreshments • Snooker Table • Scarves/Hats/
 Gloves • Discounted Phone Cards



PORT OFFICE & SECURITY

Lerwick Port Authority 01595 692 991
www.lerwick-habour.co.uk

LOCAL PORT HEALTH AUTHORITY

Shetland Islands Council 01595 745 250
 Environmental Health Team ehadmin@shetland.gov.uk

MARITIME AND COASTGUARD AGENCY UK

AberdeenMO@mcga.gov.uk

PLACES OF WORSHIP

Catholic: St Margaret's, St Olaf Street	01595 692 233
Church of Scotland: St Columba's, Greenfield Place	01595 692 019
Non-Denominational: Ebenezer Hall, Navy Lane	07483 243 351

*For details of places of worship for other faiths or denominations, please ask one of the Ship Welfare Officers or at the Seafarers' Centre.

POST OFFICE, BANKS & MONEY TRANSFER

Lerwick Post Office, 78 Commercial Street	01595 695 692 (inc. MoneyGram)
Royal Bank of Scotland, Commercial Street	01595 732 214
Santander, Commercial Street	0800 912 3123

THINGS TO DO

Shetland Museum and Archives,	01595 695 057
Hays Dock	www.shetlandmuseumandarchives.org.uk
Mareel Cinema & Arts Centre	01595 745 500 www.shetland.org

SHOPPING

Tesco, South Road	0345 671 9524
Toll Clock Shopping Centre	01595 692 855 www.tollclockshetland.co.uk

HEALTH

Boots the Chemist, Commercial Street	01595 692 619
ICare Opticians, 58 Commercial Street	01595 693 690
Lerwick Dental Practice, Market Street	01595 690 265

LOCAL HOSPITAL

Gilbert Bain Hospital, South Road, Lerwick	01595 743 000
Helpline - NHS24	111

TOURIST INFORMATION CENTRE

Lerwick Tourist Centre, Market Cross	01595 693 434 www.visitscotland.com
--------------------------------------	---

LIBRARY

Shetland Library, Lower Hillhead	01595 743 868 www.shetlandlibrary.gov.uk
----------------------------------	---

PUBLIC TRANSPORT

Bus: Zet Transport	01595 744 868 www.zetrans.org.uk
Bus: John Leask & Son	01595 693 162 www.leasktravel.co.uk
Air: Sumburgh Airport	01950 461 000 www.hial.co.uk/sumburgh-airport



SPORTS FACILITIES

Clickimin Leisure Centre (Swimming / Gym / Sports Hall) www.srt.org.uk/centres/clickimin	01595 741 000
--	---------------

TAXIS

Allied Taxis	01595 690 069
Kings Taxis	01595 696 500

