

SEAFARERS' INTERNET



There is free internet access including Wi-Fi at the Ipswich Seafarers' Centre.

PUBLIC TRANSPORT

National Rail Enquiries	0845 748 4950
Local Bus Information (Traveline)	0871 200 2233
National Express Coaches	0871 781 8181
London Stansted Airport	0844 335 1803

TAXIS

Hawk Express	01473 222 222
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SEAFARERS' TELEPHONE HELPLINES

SeafarerHelp.....the lifeline for seafarers www.seafarerhelp.org (all seafarers)	00 800 7323 2737
Seafarer Support Referral Helpline www.seafarersupport.org (UK seafarers only)	0800 121 4765



Produced by the Merchant Navy Welfare Board, Ipswich Seafarers' Centre and the seafarers' welfare charities. Map courtesy of ABP.

Please pass any amendments **directly** to MNWB on 02380 337799 or visit: www.mnwb.org

SEAFARERS' PORT INFORMATION LEAFLET

IPSWICH WELCOMES ALL SEAFARERS



IPSWICH SEAFARERS' CENTRE

Dock Head, Ipswich, IP3 0DP
Tel: 01394 673 599 Web: www.fhpss.org



Free Wi-Fi is provided throughout the Port by the Seafarers Centre.

SHIP WELFARE VISITING ORGANISATIONS

	Apostleship of the Sea Port Chaplain	07758 356 372
	Seamen's Christian Friend Society	01473 274 632
	Nautilus International	020 8989 6677
	RMT	020 7387 4771
	ITF	020 7403 2733

IPSWICH SEAFARERS' CENTRE



Opening Hours: 24 hour drop-in access via coded keypad
(code available from agent or officer at security gate)

Telephones • Free Internet (inc. Wi-Fi)
Chapel • TV • Library



PORT TRANSPORT

Transport into Ipswich City Centre is possible by arrangement. Contact duty chaplain. 01394 673 599

PORT OFFICE & SECURITY

ONS (Dock Tower) (24hr service) 01473 211 066

LOCAL PORT HEALTH AUTHORITY

Suffolk Coastal Port Health Authority 01394 614 933

MARITIME AND COASTGUARD AGENCY UK



MLC 2006 Co-ordination Group mlc@mcga.gov.uk

TOURIST INFORMATION CENTRE

Tourist Information Centre,
St Stephens Lane 01473 258 070

PLACES OF WORSHIP

Anglican: St Lukes, Cliff Lane 01473 230 526

Catholic: St James', Landseer Road 01473 726 701

Baptist: Christ Church, Tacket Street 01473 231 097

POST OFFICE, BANKS & MONEY TRANSFER

Post Office, Sailmakers 01473 221 789

For money transfer on a Sunday

Thomas Cook Travel Agent, Tavern Street 0844 335 7381

Most major banks can be found on Tavern Street.

SHOPPING CENTRE

Ipswich City Centre is home to all the major retail chains.

The majority of these can be found in the Sailmakers and

Buttermarket Shopping Centres and on Westgate, Tavern

and Buttermarket Streets.

Argos, Carr Street 0845 165 7489

Boots the Chemist, Tavern Street 01473 256 525

Specsavers Optician, Carr Street 01473 210 333

Sainsburys Supermarket,

Upper Brook Street 01473 250 877

ENTERTAINMENT - VENUES / ATTRACTIONS

Cineworld, Cardinal Park 0871 200 2000

New Wolsey Theatre, Civic Drive 01473 295 900

Ipswich Museum, High Street 01473 433 550

Ipswich Town FC, Portman Road 01473 400 500

SPORTS FACILITIES

Crown Pools, Crown Street 01473 433 655

Maidenhall Sports Centre, Maidenhall 01473 433 622

LIBRARY / INTERNET FACILITIES

Ipswich County Library, Northgate Street 01473 583 710

LOCAL HOSPITAL

Ipswich Hospital, Heath Road 01473 712 233

