

AERIAL VIEW OF THE PORT OF INVERGORDON



The Invergordon Seafarers' Centre and town centre are only a short walk away from the port

SIM CARDS AND REDUCED RATE TELEPHONE CARDS

Telephone cards, SIM cards and top ups are available to purchase at the Invergordon Seafarers' Centre and from Ship Welfare Visitors representing the centre. Seafarers are strongly advised to purchase telephone cards only from official Invergordon Seafarers' Centre representatives.

SEAFARERS RELAXING IN INVERGORDON SEAFARERS' CENTRE



SEAFARERS' TELEPHONE HELPLINES

SeafarerHelp...the lifeline for seafarers
www.seafarerhelp.org (all seafarers) 00 800 7323 2737

Seafarer Support Referral Helpline
www.seafarersupport.org (UK Seafarers only) 0800 121 4765



Produced by the Merchant Navy Welfare Board, Invergordon Seafarers' Centre and the seafarers' welfare charities. Map courtesy of Invergordon Tourism Alliance and New Century Publishing Ltd. Please pass any amendments **directly** to MNWB on 02380 337799 or visit: www.mnwb.org

SEAFARERS' PORT INFORMATION LEAFLET





INVERGORDON WELCOMES ALL SEAFARERS



INVERGORDON SEAFARERS' CENTRE

Church of Scotland, Castle Road, Invergordon IV18 0AZ
 e: danderson@sailors-society.org
 t: 07712 043 918 or 07867 967 877

SHIP WELFARE VISITING ORGANISATIONS

+		Sailors' Society Port Chaplain	07712 043 918 07867 967 877
		Apostleship of the Sea Port Chaplain	01224 704 123 07757 042 722
		The Mission to Seafarers Port Chaplain	01506 842 629 07581 625 941
		Fishermen's Mission	01847 892 402 07917 754 358
		Norwegian Church in Aberdeen Port Chaplain	01224 211 933 07808 080 646
		Nautilus International	0151 639 8454
		RMT	020 7387 4771
		ITF	020 7403 2733

+ Port Chaplain based at the Invergordon Seafarers' Centre

INVERGORDON SEAFARERS' CENTRE



Open on request by calling 07712 043 918 or 07867 967 877. On days when ships are in port open 09:00 - 17:00 but may vary depending on sailing times.

Chapel - Tea & Coffee - Internet Cafe - Wi-Fi

SEAFARERS' INTERNET



Seafarers making use of the internet facilities at the Invergordon Seafarers' Centre

PORT TRANSPORT

The Seafarers' Centre is within walking distance of the Service Base. Port Transport is available from Nigg Energy Park, Saltburn Pier and Highland Deephaven.

PORT OFFICE & SECURITY

Port of Cromarty Firth 01349 852 308

LOCAL PORT HEALTH AUTHORITY

 Highland Council 01463 702 604

MARITIME AND COASTGUARD AGENCY UK

 MLC 2006 Co-ordination Group mlc@mcga.gov.uk

PUBLIC TRANSPORT

National Rail Enquiries	0845 748 4950
Local Bus Information (Traveline)	0871 200 2233
Inverness Airport	01667 464 000

TAXIS

Scobbies	01349 852 597
Zag's	01349 853 817

LOCAL HOSPITAL

NHS 24	111
Invergordon Hospital, Saltburn Road	01349 852 893

SHOPPING CENTRE (see map below)

Boots the Chemist, High Street	01349 852 242
Co-op Supermarket, High Street	01349 852 411
Invergordon Dental Practice, High Street	01349 854 148
H.M Campbell Opticians, High Street, Alness	01349 882 863

TOURIST INFORMATION CENTRE

Tourist Information Centre	01463 731 836
----------------------------	---------------

LIBRARY

Invergordon Library, High Street	01349 852 698
----------------------------------	---------------

ENTERTAINMENT - VENUES/ATTRACTIONS

Naval and Heritage Museum, High Street	01349 853 509
--	---------------

PLACES OF WORSHIP

Presbyterian: Church of Scotland, Castle Road	01349 852 273
Episcopal: St Ninian's, Saltburn Road	01349 862 204
RC: St Joseph's, High Street	01862 892 592

POST OFFICE, BANKS & MONEY TRANSFER

The Royal Bank of Scotland, High Street, Alness	01349 882 209
Bank of Scotland, High Street, Alness	01349 812 013
Post Office (Spar), High Street	01349 852 453

SPORTS FACILITIES

Invergordon Golf Club, King George Street	01349 852 715
Invergordon Leisure Centre, Academy Road	01349 853 689

MURALS

A. Steve Des Landes	B. Ken White	F. Allan Potter
C. Ken White	D. Tracy Strath	E. Anna Smith

A. Heritage of the Firth
B. Volunteer Spirit
C. The Loch
D. Our Legacy
E. Pipes and Drums
F. Gather Round

G. Fire Fire
H. Century of Sport
I. Saltburns Past
J. The Way We Were
K. The Long Goodbye

INVERGORDON & SALTburn
Cromarty Firth North Shore
North Highlands, Scotland

INVERGORDON SEAFARERS' CENTRE

Polish War Memorial

Rugby and Football Playing Fields

Health Centre and County Hospital

Saltburn Pier

Admiralty Pier

Cruise Passenger Main Gate

West Harbour

Service Base

Invergordon Tourism Alliance Hosts

Heritage of the Firth

Volunteer Spirit

The Loch

Our Legacy

Pipes and Drums

Gather Round

Fire Fire

Century of Sport

Saltburns Past

The Way We Were

The Long Goodbye

