



SEAFARERS' TELEPHONE HELPLINES

SeafarerHelp.....the lifeline for seafarers (ISWAN)
www.seafarerhelp.org (all seafarers) (+44) 20 7323 2737

Seafarer Support Referral Helpline
www.seafarersupport.org (UK seafarers only) 0800 121 4765



Produced by the Merchant Navy Welfare Board, registered as a charity No.212799 in England & Wales and No.SC039669 in Scotland, and the seafarers' welfare charities. Map courtesy of Peel Ports. Please pass any amendments **directly** to MNWB on 02380 337799 or visit: www.mnwb.org

SEAFARERS' PORT INFORMATION LEAFLET

GREENOCK WELCOMES ALL SEAFARERS



SHIP WELFARE VISITING ORGANISATIONS



Sailors' Society
 Port Chaplain 07808 249 175



Apostleship of the Sea
 Port Chaplain 07793 489 193



Seamen's Christian
 Friend Society 07740 509 259



The Mission to Seafarers
 Port Chaplain 07581 625 941



Nautilus International 0151 639 8454



RMT 0207 387 4771



ITF Inspector
 ITF HQ 07539 171 323
 0207 940 9287



PORT OFFICE & SECURITY

Harbour Office 01475 726 171
 Port Security 01475 886 309

LOCAL PORT HEALTH AUTHORITY

Inverclyde Council
 Port Health Authority 01475 715 270

MARITIME AND COASTGUARD AGENCY UK

infoline@mcga.gov.uk

PLACES OF WORSHIP

Church of Scotland: Lyle Kirk, Newark Street	01475 722 694
Catholic: St Marys RC Church, Patrick Street	01475 721 084
Islamic: Glasgow Central Mosque	0141 429 3132

*For details about places of worship for other denominations and faiths, please ask a ship welfare visitor.

PUBLIC LIBRARY

Greenock Central Library, Wallace Place	01475 712 323
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POST OFFICE / BANKS / MONEY TRANSFER

Bank of Scotland, 64 West Blackhall Street	0345 780 1801
Santander, 16 Hamilton Gate	0800 912 3123
Post Office, 36 Nicolson Street (9am - 5.30pm)	0345 611 2970
Tesco Extra, Dalrymple Street (7am - 11pm)	0345 677 9306
Ramsdens, Oak Mall Shopping Centre (9am - 5pm)	01475 722 086

SHOPPING

Tesco, Dalrymple Street	0345 677 9306
Aldi, Patrick Street	0800 042 0800
Argos, Hamilton Way	0345 165 7286

*There are various other shops in and around Oak Mall Shopping Centre located in the town centre

CHEMISTS & OPTICIANS

Boots the Chemist, Oak Mall Shopping Centre	01475 720 805
Optical Express, Oak Mall Shopping Centre	0800 023 2020

ENTERTAINMENT & LOCAL ATTRACTIONS

Lyle Hill (Park & Viewing Point), Lyle Road	
Scottish Fire & Rescue Service Museum, The Old Fire Station, Dalrymple Street	01698 300 999
Newark Castle, Castle Road, Port Glasgow	01475 741 858
Waterfront Cinema, Customhouse Way	01475 732 201



Clydeport
Greenock Ocean Terminal
Patrick Street, Greenock PA16 8UU

Tel 01475 726171
Fax 01475 888130



SPORTS FACILITIES

Waterfront Leisure Complex, Customhouse Way (Swimming / Gym / Ice Rink)	01475 213 137
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PUBLIC TRANSPORT

Train: National Rail Enquiries www.nationalrail.co.uk	03457 484 950
Coach: National Express www.nationalexpress.com	0871 781 8181
Bus: McGill's Bus (Greenock)	0800 51 56 51
Air: Glasgow Airport www.glasgowairport.com	0844 481 5555

MOBILE / LAPTOP REPAIRS

Sm@rt Rep@ir, 33c Nicholson Street	01475 648 286
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TAXIS

ABC Taxis Inverclyde	01475 888 888
Star Taxis	01475 742 742

LOCAL HOSPITAL

A&E and Minor Injuries Unit: Inverclyde Royal Hospital, Larkfield Road	01475 633 777
Helpline: NHS Direct	111