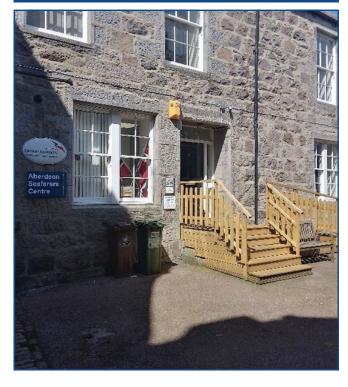
#### **ABERDEEN SEAFARERS' CENTRE**



Access is available between 08:00 and 22:00 each day.

Contact the centre in advance for details of the security access codes for the outer and inner doors.

Free WiFi throughout the centre
TV • Tea & Coffee • Soft drinks • Snacks

# **PORT OFFICE & SECURITY**

Port of Aberdeen 01224 597 000

Police Scotland 101

#### **PORT HEALTH AUTHORITY**



# MARITIME & COASTGUARD AGENCY

AberdeenMO@mcga.gov.uk 020 3817 2001



# SIM CARDS

Sim cards, top ups and telephone cards are available for purchase at the Aberdeen Seafarers' Centre and from Ship Welfare Visitors representing the centre.

# **SEAFARERS' UNIONS**



ITF Inspector

07539 171 323 Wilson\_Liam@itf.org.uk seafsupport@itf.org.uk

ITF HQ www.itfseafarers.org

NAUTILUS

Nautilus International www.nautilusint.org

0151 639 8454



RMT (Aberdeen office) www.rmt.org.uk

01224 582 688

# SEAFARERS' TELEPHONE HELPLINES

SeafarerHelp....the lifeline for seafarers (ISWAN) www.seafarerhelp.org (all seafarers) +44 (0)20 7323 2737

Seafarer Support Referral Helpline www.seafarersupport.org (UK seafarers only)

0800 121 4765







Produced by the Merchant Navy Welfare Board, registered as a charity No.212799 in England & Wales and No.SC039669 in Scotland.
Photos courtesy of Aberdeen Seafarers' Centre.
Please pass any amendments directly to MNWB on 02380 337799 or visit: www.mnwb.org

# SEAFARERS' PORT INFORMATION LEAFLET

# ABERDEEN WELCOMES ALL SEAFARERS



#### **ABERDEEN SEAFARERS' CENTRE**

41 Regent Quay, Aberdeen, AB11 5BE Tel: 07551 978 343

Email: steve@seafarercentre.org
Website: www.seafarercentre.org

#### SHIP WELFARE VISITING ORGANISATIONS



Aberdeen Seafarers' Centre Port Chaplain

07551 978 343



Stella Maris Port Chaplain www.stellamaris.org.uk

07757 042 722



Fishermen's Mission www.fishermensmission.org.uk

01224 584 651



Norwegian Seamen's Church Port Chaplain

#### PLACES OF WORSHIP

Catholic: St Mary's Cathedral, **Huntly Street** 01224 640 160 Church of Scotland: Kirk of St Nicholas. Union Street 01224 643 494 Episcopal: St Andrew's Cathedral, King Street 01224 640 119

Details of local places of worship from all denominations and faiths are available at the Seafarers' Centre and from the Port Chaplains & Ship Welfare Visitors.

# **POST OFFICE, BANKS & MONEY TRANSFER**

Post Office, Castle Street	01224 581 022
Western Union (The Money Shop), Castle Street	0800 833 833
No 1 Currency Exchange, 104 Union Street	01224 646 131

All major banks can be found on Union Street.

#### LIBRARY

Aberdeen Central Library, Rosemount Viaduct

01224 652 500

# SHOPPING CENTRE (see map)

Aberdeen City Centre is home to all the major retail chains. The majority of these can be found in the Bon Accord & St Nicholas, Union Square or Trinity Shopping Centres.

Morrisons, King Street	01224 624 404
Asda, Beach Boulevard Retail Park	01224 282 010
Boots the Chemist, Union Square	01224 210 550
Specsavers Optician, Union Street	01224 641 234
Argos (inside Sainburys) Berryden Road	0345 013 6282

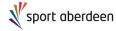
# **ENTERTAINMENT - VENUES/ATTRACTIONS**

Cineworld, Union Square	0330 333 4444
VUE Cinema, Ship Row	0345 308 4620
Aberdeen Maritime Museum, Ship Row	0300 020 0293
Codona's Amusement Park, Beach Boulevard	01224 595 910
Aberdeen Science Centre	01224 640 340
His Majesty's Theatre	01224 641 122

### LOCAL HOSPITAL

Aberdeen Royal Infirmary, Foresterhill	0345 456 6000
NHS (Helpline)	111

# **SPORTS FACILITIES**



Seafarers get FREE access to Gvm and Swimming at any Sport Aberdeen venue.

Pass required for admission - contact Aberdeen Seafarers' Centre to obtain a pass.

Check out the website for venues and activities: www.sportaberdeen.co.uk/timetables

# **TOURIST INFORMATION CENTRE**

VisitScotland, 23 Union Street 01224 269 180 www.visitscotland.com

# **PUBLIC TRANSPORT**

<b>Train:</b> National Rail Enquiries www.nationalrail.co.uk	03457 48 49 50
<b>Bus:</b> Traveline www.travelinescotland.com	0871 200 2233

Coach: National Express 0871 781 8181 www.nationalexpress.com

Air: Aberdeen International Airport

www.aberdeenairport.com 0344 481 6666

#### **TAXIS**

Aberdeen Taxis 01224 200 200

Rainbow Taxi 01224 87 87 87

