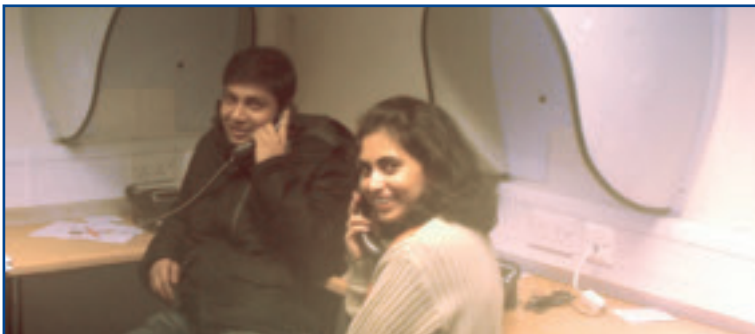


TELEPHONES (SEAFARERS' CENTRE)



Seafarers can use the numerous telephones (9 inside the centre and 2 outside) positioned in a designated area within the Tilbury Seafarers' Centre.

SIM CARDS AND REDUCED RATE TELEPHONE CARDS

Sim cards, top ups and telephone cards are available for purchase at the Tilbury Seafarers' Centre and from Ship Welfare Visitors representing the centre. Seafarers are strongly advised to purchase telephone cards only from official Tilbury Seafarers' Centre representatives.

TELEPHONES OUTSIDE SEAFARERS' CENTRE



Not only are there 9 telephone lines within the centre, there are also 2 external telephones located outside the Seafarers' Centre which are available to seafarers on a 24/7 basis.

SEAFARERS' TELEPHONE HELPLINES

International Seafarers' Advice Network
(ISAN) All seafarers 00800 7323 2737

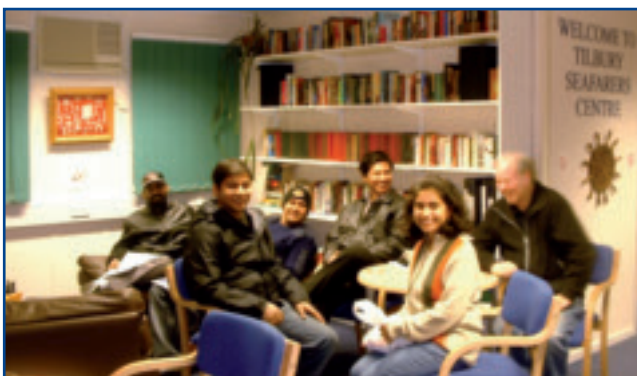
Seafarer Support Referral Helpline
www.seafarersupport.org UK seafarers only 0800 121 4765



Produced by the Merchant Navy Welfare Board, Tilbury Seafarers' Centre and the seafarers' welfare charities. Maps / Photos courtesy of Forth Ports, Centres for Seafarers, Lloyds, Thurrock Council and MTS. Please pass any amendments **directly** to MNWB on 02380 337799 or visit: www.mnwb.org

SEAFARERS' PORT INFORMATION LEAFLET

TILBURY WELCOMES ALL SEAFARERS



TILBURY SEAFARERS' CENTRE

The Tilbury Seafarers' Centre, Tenants Row, Tilbury Freeport. RM18 7EH
Tel: +44 (0)1375 846151 Email: info@tilburyseafarerscentre.org.uk

SHIP WELFARE VISITING ORGANISATIONS

+		Apostleship of the Sea Port Chaplain	07986 723 015
+		Sailors' Society/Lighthouse Seafarers' Mission Port Chaplain	07721 630 672
+		The Mission to Seafarers Port Chaplain	07864 692 953
		Seamen's Christian Friend Society	01474 745 219 07986 047 189
		German Seamen's Mission Queen Victoria Seamen's Rest	01375 378 295 07958 005 124
		Swedish Seamen's Church	020 7237 1956
		Finnish Seamen's Church	020 7237 1261
		Norwegian Seamen's Church	020 7740 3900
		Danish Seamen's Church	020 7232 2227
		RMT	020 7387 4771
		Nautilus International	020 8989 6677
		ITF UK/Republic of Ireland Co-ordinators Office	01224 582 688 020 7403 2733

+ Port Chaplains based at the Tilbury Seafarers' Centre

TILBURY SEAFARERS' CENTRE



The Chaplaincy team and Centre Manager provide a warm welcome to seafarers visiting the port and the Tilbury Seafarers Centre.

Opening Hours: 14:00 - 22:00 Mon - Sun
Chapel, Bar, Shop, Lounge, TV, Games Area,
(Pool, Table Tennis), Telephone, Internet Café,
Light Snacks. Books and clothing always available.

SEAFARERS' INTERNET



Tilbury Seafarers' Centre has many high speed internet terminals as well as Wi-Fi available to seafarers.

Available in the centre, as well as at Fine Line Design,
57a Southend Road, Grays 01375 396 500

TRANSPORT

Free mini-bus pick ups to the Seafarers' Centre from
14:00 daily, by prior arrangement. Please telephone the
centre or book via Ship Welfare Visitors. 01375 846 151

PORT OFFICE & HARBOUR POLICE

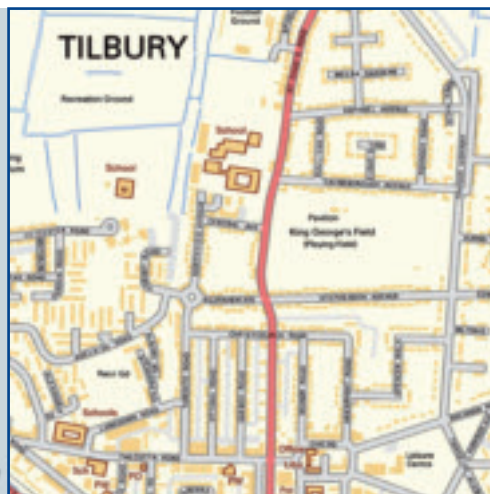
Harbour Master, Tilbury 01375 852 447
Police Station 01375 846 781

LOCAL PORT HEALTH AUTHORITY

London Port Health (office hours) 01375 842 663
Emergency Duty Officer 07050 389 861

MARITIME AND COASTGUARD AGENCY UK

MCA (24hr Service) 0870 600 6505



TOWN CENTRE (See map ←)

Tilbury Town Centre is situated just outside the Docks Main Gate and Lakeside, a major shopping mall, is situated 10 miles to the west of Tilbury.

PLACES OF WORSHIP

Anglican – Local Sunday Services – St Johns' Parish Church, Dock Road, Tilbury, 10.00 a.m. 01375 842 417

Catholic Church of our Lady Star of the Sea, Dock Road, Tilbury, 11.00 a.m. 01375 842 309

Other denominational services available
– enquire with Port Chaplains or ask at the centre

POST OFFICE, BANKS & MONEY TRANSFER

Many available at Lakeside Shopping Mall – enquire at centre.
Post Office, Dock Road, Tilbury 01375 843 240
Western Union available at First Choice Travel Shop, High Street, Grays 0870 2421 624

ATTRACTIONS / ENTERTAINMENT

Tilbury Fort, English Heritage 01375 858 489
Thurrock Museum, Orsett Road, Grays 01375 652 403
Cinemas – UCI and Vue at Lakeside complex 08712 240 240

LOCAL HOSPITAL

Basildon, Accident and Emergency Dept 01268 533 911
Minor Injuries Unit, 5 miles from Tilbury docks at Orsett Hospital, RM16 3EU 01268 592 300
NHS Direct 0845 4647

LIBRARY

Tilbury Library, Civic Square 01375 842 612

SPORTS FACILITIES

Blackshots Leisure Centre, Grays 01375 371 021

TOURIST INFORMATION CENTRE

Available at Motorway Services, Purfleet 01708 863 733

CHEMIST / OPTICIANS

Opticians and chemist - visit Grays Town Centre

PUBLIC TRANSPORT

Tilbury Town Railway Station within walking distance of centre.
Bus Services 66,77 Mon - Sat X80 Sunday.
All services available to Lakeside Shopping Centre.

TAXIS

Tilbury Taxis 01375 855 555
T.L.B. Cars 01375 851 818

